

Bleeding Love

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Bleeding Love - Leona Lewis



INTRO: 32 COUNTS.

ANTI-CLOCKWISE ROTATION

KICK BALL POINT X 2, SAILOR STEP, SAILOR ¼ TURN

1&2 Kick right foot forward, step right foot next to left, point left foot to left side (12)
3&4 Kick left foot forward, step left foot next to right, point right foot to right side
5&6 Cross right foot behind left foot, step left foot to left side, step right foot to right side
7&8 Cross left foot behind right foot making ¼ turn left, step right foot to right side, step left foot to left side, (9)

ROCK FORWARD, RECOVER, SHUFFLE BACK, ½ SHUFFLE TURN, STEP ½ PIVOT STEP

1-2 Rock step forward on right, recover weight to left foot (9)
3&4 Step back on right foot, lock step left foot over right foot, step back on right foot
5&6 Making a ½ turn left, step on left foot, close right foot to left foot, step forward on left foot (3)
7&8 Step forward on right foot, pivot ½ turn left, step forward on right foot (9)

STEP, TOUCH, HEEL JACK, TOUCH, 1/2 MONTEREY TURN, BALL, WALK, WALK

1-2 Step forward on left foot, touch right foot behind left foot (9)
&3&4 Step back onto right foot, touch left heel forward, step left foot next to right foot, touch right foot beside left foot
5&6 Point right foot to right side, ½ Monterey turn right, point left foot to left side (3)
&7-8 Step left foot next to right foot, walk forward on right foot, walk forward on left foot

CROSS, BALL, STEP, SIDE, CROSS, ½ UNWIND, HITCH, BALL, STEP

1-2& Cross right foot over left foot, step back on left foot, step right foot to right side (3)
3-4 Cross step left foot over right foot, step right foot to right side
5-6 Cross step left foot behind right foot, unwind ½ turn left (9)
7&8 Hitch right knee, step right foot next to left foot, step forward on left foot

Begin dance again.....enjoy yourself!

TAG

At the end of the 3rd wall, add the following 8 count tag (3 O'clock Wall)

STEP HIP SWAYS, JAZZ BOX

1-4 Step diagonally forward on right foot swaying hips forward, sway back, sway forward, sway back
5-8 Cross right foot over left foot, step back on left foot, step right foot to right side, step forward on left foot

Big Finish - On the 12th Rotation of the dance you will be facing the 3 O'clock wall, just do the first 8 counts of the dance (Sailor 1 / 4 turn left to face 12 O'clock) then, Cross Right foot over Left foot, Unwind Full Turn.....Ta Daa!!!