

Shuffle A Moment

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Monica Christensen (DK) - October 2007
音乐: Un Momento Alla - Rick Trivino



Intro: 16 counts.

(1-8) RIGHT CHASSE, BACK ROCK, LEFT CHASSE, BACK ROCK

1&2 Step Right to Right, Step Left to Right, Step Right to Right
3-4 Step Left foot behind Right, Recover to Right
5&6 Step Left to Left, Step Right to Left, Step Left to Left
3-5 Step Right foot behind Left, Recover to Left

(9-16) ROCK FORWARD RIGHT, SHUFFLE ½ TURN BACK, ROCK FORWARD LEFT, SHUFFLE BACK

1-2 Rock forward on Right, Recover to Left
3&4 Shuffle ½ turn back, RLR (6 o'clock)
5-6 Rock forward on Left, Recover to Right
7&8 Shuffle back LRL

(17-24) SAILOR STEP RIGHT, SAIOLR STEP LEFT WITH ½ TURN LEFT, POINT, CROSS, POINT, CROSS

1&2 Step Right behind Left, step Left to Left side, Step Right in place
3&4 Step Left behind Right, ¼ turn Left on Right, step Left to Left side (3 o'clock)
5-6 Point Right toe to Right Side, Cross Right in front of Left
7-8 Point Left toe to Left side, Cross Left in front of Right

(25-32) RUMBA BOX RIGHT

1-4 Step Right to Right, Step Left to Right, Step back on Right, Hold
5-8 Step Left to Left, Step Right to Left, Step forward on Left, Hold

Begin again

ENDING: Starting the dance on 9 wall (facing 12 o'clock) dance to count 12 & Rock forward on Left, Recover to Right, Shuffle ½ turn back LRL (facing 12 o'clock)

This dance is dedicated to my Mom, at her 75 years Birthday.