

# Quit It!

拍数: 32      墙数: 4      级数: Improver  
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音乐: Quit Teasin' Me - Gil Grand



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## ROCK FORWARD BACK, SHUFFLE BACK, ROCK BACK FORWARD, ½ SHUFFLE

1-2      Rock forward on left, rock back on right  
3&4      Shuffle back left, right, left  
5-6      Rock back on right, rock forward on left  
7&8      Shuffle forward right, left, right making ½ left

## STEP BACK HOOK, ROCK RETURN, ¼ ROCK RETURN, BEHIND SIDE ACROSS

9-10      Step back on left, hook right across left  
11-12      Rock forward on right, rock back on left  
13-14      Making ¼ right rock right to right side, rock/return weight sideways onto left  
15&16      Step right behind left, step left to left, step right across left

## SIDE TOGETHER SIDE TOUCH, SIDE SHUFFLE, ROCK BACK FORWARD

17-20      Step left to left, step right beside left, step left to left, touch right beside left  
21&22      Side/shuffle right stepping right, left, right  
23-24      Rock back on left, rock forward on right

## COMPLETING ½ TURN ARC: STEP LOCK SHUFFLE, STEP LOCK SHUFFLE

The following lock step shuffles will take you in a ½ turn arc to the left

25-26      Step forward on left starting ¼ turn arc to the left, lock/step right behind left  
27&28      Shuffle left, right, left completing the ¼ turn  
29-30      Step forward on right starting ¼ turn arc to the left, lock/step left behind right  
31&32      Shuffle right, left, right completing the ¼ turn

## TAG: At the end of wall 5

1-4      Rock step forward on left, rock back on right, step back on left, step right beside left

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