

Sharpen those claws

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Nicole George (FR) - October 2007
音乐: Mean Girls - Sugarland



Dance starts after the lyrics "well I ain't no..."

(1-8) FWD, TOUCH, SIDE, TOUCH, BACK, TOUCH, SIDE, TOUCH

1,2,3,4 step R fwd, touch L beside R, step L to L side, touch R beside L
5,6,7,8 step R back, touch L beside R, step L to L side, touch R beside L

(9-16) ROCKING CHAIR X 2

1,2,3,4 rock forward on R, replace on L, rock back on R, replace on L
5,6,7,8 rock forward on R, replace on L, rock back on R, replace on L

(17-24) STEP, ½ PIVOT, STEP, HOLD, STEP, ½ PIVOT, STEP, ¼ PIVOT

1,2,3,4 step fwd R, pivot ½ L, step fwd R, hold
5,6,7,8 step fwd L, pivot ½ R, step fwd L, pivot ¼ R

(25-32) FWD SHUFFLE, STEP, PIVOT ¼, FWD SHUFFLE, STEP, PIVOT ¼

1&2,3,4 shuffle fwd L-R-L, step fwd R, pivot ¼ L
5&6,7,8 shuffle fwd R-L-R, step fwd L, pivot ¼ R

(33-40) FWD, TOUCH, SIDE, TOUCH, HIP BUMPS

1,2,3,4 step L fwd, touch R beside L, step R to R side, touch L beside R
5,6,7,8 bump hips L-R-L-R

(41-48) ROCK BK, REPLACE, STOMP X2, ROCK FWD, REPLACE, STOMP X2

1,2,3,4 rock L back, replace on R, stomp L foot beside R x2
5,6,7,8 rock L fwd, replace on R, stomp L foot beside R x2

(49-56) ROCK SIDE, REPLACE, TOGETHER/CLAP X2, ROCK SIDE, REPLACE, TOGETHER / CLAP X2

1,2,3,4 rock L to L side, replace on R, step L beside R as clap hands x2
5,6,7,8 rock R to R side, replace on L, step R beside L as clap hands x2

(57-64) ROCK FWD, REPLACE, ROCK BACK, REPLACE, STEP, PIVOT ½, SHUFFLE FWD

1,2,3,4 rock L fwd, replace on R, rock L back, replace on R
5,6,7&8 step fwd L, pivot ½ R, shuffle fwd L-R-L

Repeat

Two Restarts, 1 tag:

Wall 2: dance up to count 48 (12 o'clock). - Restart dance as normal

Wall 5: dance up to count 56 (9 o'clock). - Instead of R rock side, replace, together/clap x2.

Dance: R rock side, replace, touch/clapx2