

Roll-Um

拍数: 32 墙数: 1 级数: Beginner
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音乐: I Don't Want You Anymore - Helena Paparizou



Hold first 32 count

STEP SIDE TOGETHER WITH HAND ROLLS

1 – 2 St. Right to Right side, St. Left next to Right,
3 – 4 St. Right to Right side, Touch Left next to Right
(When stepping to the side, Roll hands over each other in front of you) 1,2,3, hold
5 – 8 Repeat the Left side now

STEP TOUCH, TOES, TRIPLE STEP,

1 – 2 St. Right back, Touch Left next to Right
(now as you turn 1/4 right).....3:00
3 – 4 St. Left forward, Touch Right next to Left
5 – 6 Touch Right toe forward, to Right side,
7 & 8 Triple St. (R.L.R) in place (is a 1+2 Count)

STEP TOUCH, KICK BALL CHANGE

1 – 2 St. Left back, Touch Right next to Left
(now as you turn 1/4 Left).....12:00
3 – 4 St. Right forward, Touch Left next to Right
5 & 6 Kick Left forward, St. on Left, Right (1+2 Count)
7 – 8 Kick Left forward, St. on Left

HEEL SPLITS, HEEL FORWARD AND BACK

1 – 2 Split both heels out, Bring them back together
3 – 4 Touch Right heel forward, Bring back in place
5 – 6 Split both heels out, Bring them back together
7 – 8 Touch Left heel forward, Bring back in place

Begin again.