

Roll-Um

拍数: 32 墙数: 1 级数: Beginner
编舞者: Sheila DiNardo (USA) - October 2007
音乐: I Don't Want You Anymore - Helena Paparizou



Hold first 32 count

STEP SIDE TOGETHER WITH HAND ROLLS

- 1 – 2 St. Right to Right side, St. Left next to Right,
- 3 – 4 St. Right to Right side, Touch Left next to Right
- (When stepping to the side, Roll hands over each other in front of you)1,2,3, hold**
- 5 – 8 Repeat the Left side now

STEP TOUCH, TOES, TRIPLE STEP,

- 1 – 2 St. Right back, Touch Left next to Right
- (now as you turn 1/4 right).....3:00**
- 3 – 4 St. Left forward, Touch Right next to Left
- 5 – 6 Touch Right toe forward, to Right side,
- 7 & 8 Triple St. (R.L.R) in place (is a 1+2 Count)

STEP TOUCH, KICK BALL CHANGE

- 1 – 2 St. Left back, Touch Right next to Left
- (now as you turn 1/4 Left.....12:00**
- 3 – 4 St. Right forward, Touch Left next to Right
- 5 & 6 Kick Left forward, St. on Left, Right (1+2 Count)
- 7 – 8 Kick Left forward, St. on Left

HEEL SPLITS, HEEL FORWARD AND BACK

- 1 – 2 Split both heels out, Bring them back together
- 3 – 4 Touch Right heel forward, Bring back in place
- 5 – 6 Split both heels out, Bring them back together
- 7 – 8 Touch Left heel forward, Bring back in place

Begin again.
