

Glamour Bitch

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - October 2007
音乐: Glamour Bitch (feat. Milano Money) - Sara Love : (Album: Glamour Bitch)



Start on the vocals.

(1-8) Forward and Together, And Out Clap, And Left Look, And Right Look

1a Step Rt large step fwd leaving upper body back, bring body over Rt foot
2 Step Lt next to Rt
&3,4 Step Rt to Rt (&), Step Lt to Lt (3) feet shoulder width apart, Clap (4)
&5,6 Step Rt next to Lt (&), Step Lt to Lt looking Lt (5), Replace weight Rt looking fwd (6)
&7,8 Step Lt next to Rt (&), Step Rt to Rt looking Rt (7), Replace weight Lt looking fwd (8)

(9-16) Heel Hitch Step, Hold And Side, Touch Touch, Roll 1/4 Lt, Ball Step

1&2 Touch Rt heel fwd and across Lt, Hitch Rt Knee bringing shoulders up, Step Rt to Rt
3&4 Hold, Step Lt next to Rt, Step Rt to Rt
5,6 Touch Lt fwd and across Rt, Touch Lt to Lt
&7 Body roll 1/4 turn Lt (&), Transfer weight to Lt (7)
&8 Step Rt next to Lt, Step Lt fwd

(17-24) Walk Forward Rt, Lt, Ball Step Side, Sailor Step, Behind 1/4 Forward

1,2 Step fwd Rt, Step fwd Lt
&3,4 Step back on the ball of the Rt, Replace weight Lt, Step Rt to Rt
5&6 Step Lt behind Rt, Step Rt to Rt, Step Lt to Lt
&7,8 Step Rt behind Lt, Step Lt 1/4 turn fwd, Step Rt fwd

(25-32) Rock Step, 1/2 turn, Step, Back Lock Step, 1/2 turn, 1/4 turn

1,2 Rock Lt fwd, Replace weight Rt
3,4 Make 1/2 turn Lt stepping Lt fwd, Step fwd Rt
5&6 Step back on the ball of the Lt, Lock Rt in front of Lt, Step back Lt
7,8 Make 1/2 turn Rt stepping fwd Rt, Make a 1/4 turn Rt stepping Lt next to Rt

HAVE FUN !