

Temptation (R1)

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - October 2007
音乐: Temptation - Arash : (CD: Absolute Music 49)



(1-8) L & R syncopated cross rock steps, L fwd, ½ R pivot turn, L fwd shuffle

1&2 Cross rock L over R, recover weight on R, step L side
3&4 Cross rock R over L, recover weight on L, step R side
5-6 Step L forward, pivot ½ right
7&8 Step L forward, step R together, step L forward

(9-16) R & L syncopated cross rock steps, R fwd, ½ L pivot turn, ¾ L & R cross step

1&2 Cross rock R over L, recover weight on L, step R side
3&4 Cross rock L over R, recover weight on R, step L side
5-6 Step R forward, pivot ½ left
7&8 Turning ¼ left step R side, turning ½ left step L side, cross step R over L (facing 3 o'clock)

(Easier option for counts 5-6-7&8: step R forward, pivot ¼ left, cross R over L, step L to side, cross R over L)

(17-24) L side rock & recover, syncopated 3 step weave R, R side touch-together touch-R side step, L sailor step

1-2 Rock L side, recover weight on R
3&4 Cross step L behind R, step R to side, cross step L over R
5&6 Touch R to side, touch R together, step R to side
7&8 Cross step L behind R, step R side, step L side

(25-32) R behind, ¼ L & L fwd, R fwd lock step, L fwd mambo step, R back coaster cross

1-2 Cross R behind L, turning ¼ left step L forward (optional flick with right)
3&4 Step R forward, lock L behind R, step R forward
5&6 Rock L forward, recover weight on R, step L together
7&8 Step R back, step L together, cross step R over L

(33-40) L side touch-together touch-L side step, R sailor step, L ball touch & ¼ L, L coaster step

1&2 Touch L to side, touch L together, step L to side
3&4 Cross R behind L, step L side, step R side
&5-6 Step L together, touch R forward, turning ¼ left step down on R as you hitch up the left knee
7&8 Step L back, step R together, step L forward

(41-48) R fwd, L together touch, syncopated L back-R heel fwd-R back-L fwd, R fwd, ½ L pivot turn, R fwd shuffle

1-2 Step R forward, touch L together
&3&4 Step L back, touch R heel forward, step R back, step L forward
5-6 Step R forward, pivot ½ left
7&8 Step R forward, step L together, step R forward

Begin again.

Tag/Restart: After completing 4 walls – you will be facing front – dance the following 12 counts and then start the dance from the beginning.

(1-8) ½ pivot L, L fwd shuffle, ½ pivot R, R fwd shuffle, L fwd mambo, R back mambo

1-2, 3&4 L fwd, pivot ½ right, L fwd shuffle
5-6, 7&8 R fwd, pivot ½ left, R fwd shuffle
9&10, 11&12 L fwd mambo, R back mambo

Ending – dance ends facing back wall after counts 28-32 – the fwd and back mambo steps. To end facing front, simply step L fwd, & pivot ½ R .and strike a pose – end of dance!
