

My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Louise Elfvengren (NOR) - October 2007
音乐: Total Eclipse Of My Heart - La Bouche



Start at vocals

Alternative music: Kylie Minoughe – Locomotion or others with same beat

SECTION 1 - WALKS x 3 FORWARD, LEFT POINT DIAGONALLY FORWARD, WALKS x 3 BACKWARDS, RIGHT POINT DIAGONALLY BACKWARDS

1-4 Walk right left right forward, point left diagonally forward
5-8 Walk left right left backwards, point right diagonally backwards (12 o'clock)

SECTION 2 - JAZZ BOX ¼ TURN RIGHT, ROCK AND ½ SHUFFLE RIGHT

1-2 Cross right over left step back with left
3-4 Step right ¼ turn right. Step left beside right (3 o'clock)
5-6 Rock right forward, recover onto left
7&8 Shuffle ½ turn right – stepping right left right (9 o'clock)

SECTION 3 - STEP, POINT, CROSS POINT, ROCK ½ SHUFFLE LEFT

1-2 Step forward left, point right sideways
3-4 Cross right over left, point left sideways
5-6 Rock left forward recover onto right
7&8 Shuffle ½ turn left- stepping left right left (3 o'clock)

SECTION 4 - KICKBALL STEP, STEP TURN, ½ SHUFFLETURN, SIDE & HITCH

1&2 Kick right forward, step right beside left, step onto left in place
3-4 Step right forward, turn ½ left weight on left (9 o'clock)
5&6 ½ shuffle turn, stepping – right left right (3 o'clock)
7-8 Step left to the side, lift up right foot

Begin again.
