

Pirate On The Run

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Vivienne Scott (CAN) & Kim Ray (UK) - October 2007
音乐: Pirate On the Run - Pat Monahan : (CD: Last Of Seven)



Alt. Music: When I Said I Do by Kenny Lattimore [CD: Things That Lovers Do]

DIAGONAL LEFT LOCK STEP, DIAGONAL RIGHT LOCK STEP

1-2-3 Step left forward on left diagonal, lock right behind left, step left forward
4-5-6 Step right forward on right diagonal, lock left behind right, step right forward

ROCK FORWARD, STEP BACK LEFT, RIGHT, ROCK BACK

1-2-3 Rock left forward, recover on right, step left back
4-5-6 Step right back, rock back left, recover on right

BASIC FORWARD ½ TURN, BASIC BACK

1-2-3 Step left forward turning ¼ left, turning ¼ left step right beside left, step left in place
4-5-6 Step right back, step left beside right, step right in place

3 C COUNT ¾ TURN MOVING FORWARD, CROSS, SIDE ROCK

1-2-3 Step left forward turning ¼ left, step right to the side turning ¼ left, step left back turning ¼ left
4-5-6 Cross right over left, rock left to left side, recover on right

WEAVE RIGHT, LONG SIDE STEP, DRAG, SWEEP ¼ TURN

1-2-3 Cross left over right, step right to right side, step left behind right
Full turn alternative: (1) cross left over right, 2) ¼ turn left stepping right back, 3) ½ turn left stepping forward on left & ¼ turn left into the long step to right side
4-5-6 Step right long step to right side, drag left beside right, sweep left making ¼ turn left

SAILOR STEP, TWINKLE

1-2-3 Step left behind right, step right to right side, step left forward
4-5-6 Cross right over left, step left to left side, step right in place

CROSS, ¼ TURN STEP, STEP TOGETHER, COASTER STEP

1-2-3 Cross left over right, turn ¼ left stepping right back, step left beside right
4-5-6 Step right back, step left beside right, step right forward

FULL 3 COUNT TURN FORWARD, STEP PIVOT TURN, STEP FORWARD

1-2-3 Step forward on left turning ¼ left, turn ¼ left stepping right back, turn ½ left stepping forward on left. (option: quick low steps forward left, right left)
4-5-6 Step forward on right, pivot ½ turn left, step forward on right

REPEAT

ENDING: For Pirate On The Run, sweep ¼ turn left to front, dance sailor step, hands outstretched on the last count