

Up On You

拍数: 32 墙数: 4 级数: Improver
编舞者: Liliana Jüriso (EST) - October 2007
音乐: Creepin' Up On You - Darren Hayes



Start the dance right after the counting (after the word "three").

STEP, STEP, COASTER STEP, STEP, STEP, COASTER STEP

- 1-2 R step forward little bit right, L step forward little bit left (legs are spread on same horisont line)
3&4 R step back, L step next to R, R step forward
5-6 L step forward little bit left, R step forward little bit right (legs are spread on same horisont line)
7&8 L step back, R step next to L, L step forward

SKATE, SKATE, ROCK, CROSS STEP, STEP

- 1-2 Skate forward with R ball, press R heel down
3-4 Skate forward with L ball, press L heel down
5-6 rock to R forward, rock back of L,
7 R cross step behind L foot,
8 little L step to right

ROCK, CROSS SHUFFLE, ROCK, SAILOR STEP, HEEL

- 1-2 rock to right onto R, rock back of L
3&4 R step cross over L, L step to left, R step cross over L,
5-6 rock to left onto L, rock back of R
7&8 Cross L behind R, Step R to right side, Step on L heel to place

COASTER STEP, CROSS, ROCK, ¼ TURN, STEP- LOCK-STEP-LOCK, HOLD, ½ PIVOT TURN, STEP

- &1 L step back, R step next to L, L cross step over R
2-3 rock to right onto R, rock back of L with ¼ turning left
4-5 R step forward, L lock over R,
&6 R step forward, L lock over R,
7 hold
8 ½ turn to left
& step L forward

Begin Again