

Some Kinda Rush

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Some Kinda Rush - Booty Luv



Intro: 48 counts,

MODIFIED RUMBA BOX, STEPPING BOX STEP, LIL' JUMP

1&2 Step forward right, step left beside right, step right to right side,
3&4 Step left beside right, step right back, step left to left side,
5-6 Step out right forward, step out left forward,
7-8 Step in right backward, jump left & right together to left side.

TOES/HEELS, SWIVEL HEELS, RIGHT JAZZ BOX, LEFT BOTA FOGO

1-2 Swing both heels left, toes left,
3&4 Swivel heels left, right, left (keeping weight on left),
5&6 Cross right over left, step back left, step right beside left,
7&8 Cross left over right, step right to right side, step left in place.

HEEL 'N' 1/4 PIVOT TURN, KICK 'N' 1/4 PIVOT TURN

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right,
3-4 Step forward right, 1/4 pivot turn left (transferring weight onto left),
5&6& Kick right forward, step right beside left, kick left forward, step left beside right,
7-8 Step forward right, 1/4 pivot turn left (transferring weight onto left).

SIDE ROCK RECOVER, FULL CURTSEY UNWIND, HIP BUMPS

1-2 Rock right to right side, recover left,
3-4 Cross right behind left, unwind full turn (over right shoulder),
5-6-7&8 Step left to left side while bumping hips left, right, left, right, left.

GRAPEVINE RIGHT, STEP ¼ PIVOT RIGHT, STEP ¼ PIVOT RIGHT

1-2 Step right to right side, cross left behind right,
3-4 Step right to right side, touch left beside right,
5-6 Step forward left, ¼ turn right (transferring weight to right),
7-8 Step forward left, ¼ turn right (transferring weight to right).

LEFT ROCK RECOVER, 3/4 TRIPLE TURN LEFT, STEP, HEEL UP/DOWNS, CROSS UNWIND 3/4 TURN

1-2 Rock forward left, recover right,
3&4 3/4 triple turn left - stepping left, right, left,
5&6 Step small step forward right, lift both heels off the floor, return to place,
7-8 Cross left over right, unwind 3/4 turn right.

SYNCOPATED FORWARD ROCKS, STEP, 3/4 PIVOT TURN LEFT, CHUG STEPS

1-2& Rock forward right, recover left, step right beside left,
3-4& Rock forward left, recover right, step left beside right,
5-6 Step forward right, pivot turn 3/4 left (transferring weight onto left),
7&8& Step forward right, slide left next to right, step right forward, slide left next to right.

CHUG STEPS, LEFT ROCK RECOVER, FULL TURN, LEFT SWEEPING SAILOR STEP

1&2 Step forward right, slide left next to right, step right forward,
3-4 Rock forward left, recover right,
5-6 Step left 1/2 left forward, step right 1/2 left back,

7&8

Sweep left behind right, step right to right side, step left to place.

Begin again
