

Shame On Me

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK) - October 2007
音乐: Shame On Me - Danni Leigh : (CD: Masquerade Of A Fool)



Alternative music:

"Sugar & Pai" by the Boots Band (134 bpm...16 Count Intro) CD..."Out In The Country"

"I'm Ready For Love" by Steve Taylor (140 bpm...32 Count intro) CD..."The Most Awesome LD Album 9"

"Shame on Me" Intro: 16 Counts.

Chasse Right. Back Rock. Vine 1/4 Turn Left. Scuff.

- 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 3 – 4 Rock back on Left. Rock forward on Right.
- 5 – 6 Step Left to Left side. Cross Right behind Left.
- 7 – 8 Turn 1/4 turn Left stepping forward on Left. Scuff Right forward. (Facing 9 o'clock)

Make 1/4 Turn Chasse Right. Back Rock. Vine 1/4 Turn Left. Touch.

- 1&2 Turn 1/4 turn Left stepping Right to Right side. Close Left beside Right. Step Right to Right side.
- 3 – 4 Rock back on left. Rock forward on Right.
- 5 – 6 Step Left to Left side. Cross Right behind Left.
- 7 – 8 Turn 1/4 turn Left stepping forward on Left. Touch Right toe beside Left. (Facing 3 o'clock)

(&) Heel Jack. Hold. & Toe Point Right. Hold. Right Sailor 1/4 Turn Right. Step. Pivot 1/2 Turn Right.

- &1 – 2 Step back on Right. Dig Left heel forward. Hold.
- &3 – 4 Step Left back to place. Point Right toe out to Right side. Hold.
- 5&6 Cross Right behind Left. Step Left to Left side. Turn 1/4 turn Right stepping forward on Right.
- 7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Facing 12 o'clock)

Walk Forward Left/Right. Left Kick-Ball-Change. Forward Rock. Left Coaster Cross.

- 1 – 2 Walk forward on Left. Walk forward on Right.
- 3&4 Kick Left forward. Step ball of Left beside Right. Step Right in place.
- 5 – 6 Rock forward on Left. Rock back on Right.
- 7&8 Step back on Left. Step Right beside Left. Cross step Left over Right.

Right Heel Dig. Hold. Right Kick-Ball-Cross. Right Side Rock. Behind. Side. Cross.

- 1 – 2 Dig Right heel diagonally forward Right. Hold.
- 3&4 Kick Right diagonally forward Right. Step ball of Right back to place. Cross step Left over Right.
- 5 – 6 Rock Right out to Right side. Recover weight on Left.
- 7&8 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.

Left Heel Dig. Hold. Left Kick-Ball-Cross. Left Side Rock 1/4 Turn Right. Left Shuffle Forward.

- 1 – 2 Dig Left heel diagonally forward Left. Hold.
- 3&4 Kick Left diagonally forward Left. Step ball of Left back to place. Cross step Right over Left.
- 5 – 6 Rock Left out to Left side. Recover weight on Right turning 1/4 turn Right.
- 7&8 Left shuffle forward stepping Left. Right. Left. (Facing 3 o'clock)

Diagonal Steps Forward Right & Left with Touch. Right Lock Step Back. Reverse Pivot 1/2 Turn Left.

- 1 – 2 Step Right diagonally forward Right. Touch Left toe beside Right and Clap.
- 3 – 4 Step Left diagonally forward Left. Touch Right toe beside Left and Clap.

- 5&6 Straighten Up to 3 o'clock...Step back on Right. Lock step Left across Right. Step back on Right.
- 7 – 8 Touch Left toe slightly back. Reverse pivot 1/2 turn Left (Taking weight on Left) (Facing 9 o'clock)

Kick. Kick. & Jump Back. Touch. Hold. Left Side Step. Together. Left Cross Shuffle.

- 1 – 2 Kick Right forward x 2.
- &3 – 4 Jump Right diagonally back Right. Touch Left toe beside Right. Hold.
- 5 – 6 Step Left to Left side. Slide/Close Right beside Left. (Weight on Right).
- 7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.

Start Again
