

# 4 am

拍数: 24      墙数: 4      级数: Improver  
编舞者: Richard Dawkins (UK) - October 2007  
音乐: 4am - Cherry Ghost



Start after 46 sec. - At start of vocals you should be on step 3.

## Side, Together, Forward, Step pivot 1/4 Left, Cross, 1/4 Right x 2, Step, Cross, Back, 1/4 Right

- 1 & 2      Step left to left side, Step right beside left, Step forward on left.
- 3 & 4      Step right forward pivoting ¼ turn left, Cross right over left.
- 5 &      Make 1/4 turn right stepping back on Left, make 1/4 turn right stepping right to right side,
- 6      Step forward left.
- 7 & 8      Cross right over left, Step back on left, Make 1/4 turn right stepping right to right side

## Cross kick Left & Right & Left, 1/4 turn Left, Syncopated Monterey 1/2 turn right x 2, Cross

- 1 & 2 &      Kick left across right, step left beside right, kick right across left. Step right beside left
- 3 &      Kick left across right, on ball of right foot pivot 1/4 turn left, Stepping left to left side,
- 4      Point right to right side
- & 5      On ball of left make 1/2 turn right stepping right beside left. Touch left to left side
- & 6      Step left beside right, Point right to right side
- & 7      On ball of left make 1/2 turn right stepping right beside left, Touch left to left side
- & 8      Step left beside right, Cross right over left.

## Side, Right Sailor 1/4, Walk, Rock, Recover, 1/2 turn right, 3/4 turn right, touch Left

- 1      Step left to left side
- 2 & 3      Cross right behind left, Step left beside right, Make 1/4 turn right stepping forward right.
- 4      Walk forward left
- 5 & 6      Rock forward on right, Recover onto left, Make 1/2 turn right stepping forward on right
- 7 &      Make 1/2 turn right stepping back on left, Make 1/4 turn right stepping right to right side
- 8      Touch left beside right

Begin again.

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