

One More Shot

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Sheridan Gill (UK) - October 2007
音乐: Tequila - Brooks & Dunn : (CD: Cowboy Town)



Start on vocals - 32 count intro,

Section 1 - Cross Rock x 2, Grapevine, Touch

1 – 2 Cross rock left over right, rock weight back onto right
3 – 4 Cross rock left over right, rock weight back onto right
5 – 7 Step left to left side, cross right behind left, step left to left side
8 Touch right to place

Section 2 - Rocking Chair, Step Pivot 1/2 Turn x 2

9 – 10 Rock forward on right, recover onto left
11 – 12 Rock back on right, recover onto left
13 – 14 Step right forward, pivot 1/2 turn left (weight on left)
15 – 16 Step right forward, pivot 1/2 turn left (weight on left)

Section 3 - Cross Rock x 2, Grapevine, Touch

17 – 18 Cross rock right over left, rock weight back onto left
19 – 20 Cross rock right over left, rock weight back onto left
21 – 23 Step right to right side, cross left behind right, step right to right side
24 Touch left to place

Section 4 - Rocking Chair, Step Pivot 1/2 Turn x 2

25 – 26 Rock forward on left, recover onto right
27 – 28 Rock back on left, recover onto right
29 – 30 Step left forward, pivot 1/2 turn right (weight on right)
31 – 32 Step left forward, pivot 1/2 turn right (weight on right)

Section 5 - Lock Step, Hitch, Forward Rock, 1/2 Turn

33 – 34 Step forward on left, lock right behind left
35 – 36 Step forward on left, Hitch right
37 – 38 Rock forward on right, recover onto left
39 – 40 Make 1/2 turn right, putting weight on right. Hold

Section 6 - Forward Rock, 1/4 Turn, Back Lock Step, Hitch

41 – 42 Rock forward on left, recover onto right
43 – 44 Step back 1/4 turn to left side, hold.
45 – 46 Step back onto right, lock left over right
47 – 48 Step back onto right, hitch left.

Begin again
