

Flying without Wings

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Geri Morrison (UK) - October 2007
音乐: Flying Without Wings - Westlife : (Album: Westlife)



Start Almost Straight Away on the Word "Something"

Alternative Track: When you're gone by Avril Lavigne

SIDE, BACK ROCK, SIDE BACK 1/4 TURN RIGHT, ROCK FORWARD RECOVER, SWEEP BACK, SWEEP BEHIND SIDE IN FRONT

1-2& Long Step Left To Left Side, Rock Back On Right, Recover Weight on Left,
3-4& Long Step Right Side, Rock Back On Left, Recover Weight on Right Making 1/4 Turn Right
(Stepping Forward)
5-6 Rock Forward On Left, Recover Weight on Right,
7 Sweep Left Behind Right,
8&1 Sweep Right behind Left, Step Left To Left, Cross Right over Left, (3 o'clock)

ROCK, SWEEP BEHIND, 1/4 SAILOR STEP X2

2&3 Rock Left Over Right, Recover Weight on Right, Sweep Left Behind Right,
4&5 Sweep Right behind Left, Recover Weight on Left Making 1/4 Turn Right, Step Right Slightly
Forward,
6&7 Rock Left Over Right, Recover Weight on Right, Sweep Left Behind Right,
8&1 Sweep Right behind Left, Recover Weight on Left Making 1/4 Turn Right, Step Right To
Right, (9 o'clock)

ROCK FORWARD, RECOVER, 1/2 TURN LEFT, TRIPLE FULL TURN LEFT, PIVOT 1/2 TURN STEP, TRIPLE FULL TURN LEFT

2&3 Rock Forward On Left, Recover Weight on Right, Make 1/2 Turn Left Stepping Forward On
Left
4&5 Make Full Turn Left Stepping Right, Left, Right (Travelling Forward)
6&7 Step Forward On Left, Pivot 1/2 Turn Right Taking Weight on Right, Step Forward On Left,
8&1 Make Full Turn Left Stepping Right, Left, Right, (Traveling Forward) (9 o'clock)

SWAY LEFT THEN RIGHT, SIDE TOGETHER FORWARD, ROCK RECOVER, 1/2 TURN RIGHT, ROCK FORWARD RECOVER

2-3 Sway Left, Sway Right,
4&5 Step Left To Left Side, Bring Right beside Left, Step Forward On Left,
6&7 Rock Forward On Right, Recover Weight on Left, Make 1/2 Turn Right Stepping Forward on
Right,
8& Rock Forward on Left, Recover Weight on Right (3 o'clock)

Start again
