

Ride This Train

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Terry Cullingham (UK) - October 2007
音乐: Who Wants to Ride This Train - Kendel Carson : (Album: Rearview Mirror Tears)



Intro : 16 counts

Section 1 - Side, Behind, ¼ Turn, Step, ¾ Turn, Side, Behind, Step Forward.

- 1 – 2 Step right to right side. Cross left behind right.
- 3 – 4 ¼ turn right stepping right forward. Step left forward.
- 5 – 6 Pivot ¾ turn right. Step left to left side.
- 7 – 8 Cross right behind left. Step left forward. (12 o'clock)

Section 2 - Forward Rock, Shuffle ½ Turn Right, Step, Pivot ½ Turn, Left Shuffle.

- 1 – 2 Rock right forward. Recover on left.
- 3 & 4 ¼ turn right stepping right to right side. Close left beside right. ¼ turn right stepping right forward..
- 5 – 6 Step left forward. Pivot ½ turn right.
- 7 & 8 Step left forward. Close right beside left. Step left forward. (12 o'clock)

Section 3 - Step, Pivot ½ Turn, Step, Pivot ¼ Turn, Dwight, Kick, Touch Back.

- 1 – 2 Step right forward. Pivot ½ turn left.
- 3 – 4 Step right forward. Pivot ¼ turn left. (3 o'clock)
- 5 Touch right toe beside left, allowing left heel to swivel slightly right.
- 6 Touch right heel diagonally right swivelling left toe to right.
- 7 – 8 Kick right forward. Touch right toe back behind left.

Section 4 - ¼ Turn, Side, Point, Sailor ¼ Turn, Step, Pivot ½ Turn, Walk x 2.

- 1 – 2 ¼ turn left stepping right to right side. Point left to left side.
- 3 & 4 Cross left behind right. Step right in place. ¼ turn left stepping left forward.
- 5 – 6 Step right forward. Pivot ½ turn left.
- 7 & 8 Walk forward right, left. (3 o'clock)

Alternatively replace steps 7 & 8 with a full forward turn left stepping right, left.

Start Again.