

Frankie Satin

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Michele Perron (CAN) - August 2007
音乐: Fly Me to the Moon - Frank Sinatra



Music Selections:

(Love Is) The Tender Trap - Frank Sinatra (119 bpm)
Intro :16 Counts

Nice 'N Easy - Michael Bublé (118 bpm)
Intro :16 Counts

Sec.I (1-8) SIDE, TOGETHER, FORWARD-BRUSH, FORWARD-BRUSH (Foxtrot Basic), FORWARD/ROCK, RECOVER/BACK

1,2 RIGHT Step side R; LEFT Step beside R
3,4 RIGHT Step forward; LEFT Brush (Toe/Ball) forward
5,6 LEFT Step forward; RIGHT Brush (Toe/Ball) forward
7,8 RIGHT Rock/Step forward; LEFT Recover/Step back

Sec.II (9-16) TURN, HOLD, CROSS/ROCK, BACK/RECOVER, TURN, HOLD, FORWARD, TURN,

1,2 Execute 1/4 Turn R with RIGHT Step side R; HOLD (3 o'clock)
3 LEFT Rock/Step across front of R
4 RIGHT Recover/Step back
5,6 Execute 1/4 Turn L with LEFT Step forward; HOLD (12 o'clock)
7,8 RIGHT Step forward; Execute 1/2 Turn L with LEFT Step forward (6 o'clock)

Sec.III (17-24) SIDE, TOGETHER, SIDE-TOUCH, SIDE-TOUCH (Foxtrot Basic), SIDE, TOGETHER

1,2 Execute 1/4 Turn L with RIGHT Step side R; LEFT Step beside R (3 o'clock)
3,4 RIGHT Step side R; LEFT Toe/Touch beside R
5,6 LEFT Step side L; RIGHT Toe/Touch beside L
7,8 RIGHT Step side R; LEFT Step beside R

Sec.IV (25-32) BACK, BRUSH, TURN, TOGETHER, SIDE, TOGETHER, SIDE, HOLD

1,2 RIGHT Step back; LEFT Brush Toe/Ball back *
*** Easier Option: LEFT Toe/Touch beside R**
3,4 Execute 1/4 Turn L with LEFT Step side L; RIGHT Step beside L (12 o'clock)
5,6 LEFT Step side L; RIGHT Step beside L
7 LEFT Stomp/Step side L (Option: add a small lunge, L Knee bend, R leg out-stretched side R)
8 HOLD

(take small steps to L on Counts 3,5,7)

Begin Again