

Sugar? No, No, No

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lady Lace (UK) - September 2007
音乐: Sexy! No No No... - Girls Aloud



Two walks R,L, back, back, step, 2 heel switches & step ½ turn

1-2& Step Fwd R, step Fwd L, step R back
3-4 Step L back, step R fwd
5&6 Touch L heel Fwd, step in place, touch R heel Fwd
& Step R in place
7-8 Step L Fwd, pivot ½ turn right

Two walks L,R, back, back, step, 2 heel switches & step ½ turn

1-2& Step L Fwd, step R Fwd, step L back
3-4 Step R back, step L Fwd
5&6 Touch R heel Fwd, step in place, touch L heel Fwd
& Step L in place
7-8 Step R Fwd, pivot ½ turn left

Side hold & together, side rock, recover, ½ turn sailor, back rock

1-2 Step R to R side, hold
&3-4 Step L beside R, rock R to side, recover
5&6 Step R behind ¼ turn right, step L to side ¼ turn right, step R to side
7-8 Rock L back, recover onto R

Step touch hold, step touch hold, Fwd rock, back rock

&1-2 Step L Fwd, touch R beside, hold
&3-4 Step R Fwd, touch L beside, hold
5-6 Rock L Fwd, recover onto R
7-8 Rock L back, recover onto R

Step Fwd reverse pivot ½, coaster, step Fwd reverse pivot ½, coaster

1-2 Step L Fwd, making ½ turn left step back onto R
3&4 Step L back, step R beside, step L Fwd
5-6 Step R Fwd, making ½ turn right step back onto L
7&8 Step R back, step L beside, step R Fwd

Step ¼ turn, cross hold & cross shuffle, back ¼, side ¼ turn

1-2 Step L Fwd, pivot ¼ turn right
3-4 Step L over R, hold
&5 Step R to side, cross step L over R
&6 Step R to side, cross step L over R
7-8 Step back R making ¼ turn left, step left to side making ¼ turn left

Kick R x2 &, kick L x 2 &, kick R x2, side rock

1-2& Kick R twice, step R back
3-4& Kick L twice, step L back
5-6 Kick R twice
7-8 Rock R to R side, recover

Cross hold & weave left, side rock, ¾ triple left

1-2 Cross step R over L, hold

&3 Step L to side, step R behind
&4 Step L to side, step R over L
5-6 Rock left to side, recover
7&8 Step L back making $\frac{1}{4}$ turn left, step R beside, step L Fwd making $\frac{1}{2}$ turn left

Tag: End of 1st wall facing 3.00, 16 counts

1-2 Step R Fwd, point L to side
3-4 Step L back, point R to side
5-6 Step R $\frac{1}{4}$ turn R, point left to side
7-8 Step L back, point R to side
9-16 Repeat counts 1-8
