

# Sugar? No, No, No

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Lady Lace (UK) - September 2007  
音乐: Sexy! No No No... - Girls Aloud



## Two walks R,L, back, back, step, 2 heel switches & step ½ turn

1-2&      Step Fwd R, step Fwd L, step R back  
3-4      Step L back, step R fwd  
5&6      Touch L heel Fwd, step in place, touch R heel Fwd  
&      Step R in place  
7-8      Step L Fwd, pivot ½ turn right

## Two walks L,R, back, back, step, 2 heel switches & step ½ turn

1-2&      Step L Fwd, step R Fwd, step L back  
3-4      Step R back, step L Fwd  
5&6      Touch R heel Fwd, step in place, touch L heel Fwd  
&      Step L in place  
7-8      Step R Fwd, pivot ½ turn left

## Side hold & together, side rock, recover, ½ turn sailor, back rock

1-2      Step R to R side, hold  
&3-4      Step L beside R, rock R to side, recover  
5&6      Step R behind ¼ turn right, step L to side ¼ turn right, step R to side  
7-8      Rock L back, recover onto R

## Step touch hold, step touch hold, Fwd rock, back rock

&1-2      Step L Fwd, touch R beside, hold  
&3-4      Step R Fwd, touch L beside, hold  
5-6      Rock L Fwd, recover onto R  
7-8      Rock L back, recover onto R

## Step Fwd reverse pivot ½, coaster, step Fwd reverse pivot ½, coaster

1-2      Step L Fwd, making ½ turn left step back onto R  
3&4      Step L back, step R beside, step L Fwd  
5-6      Step R Fwd, making ½ turn right step back onto L  
7&8      Step R back, step L beside, step R Fwd

## Step ¼ turn, cross hold & cross shuffle, back ¼, side ¼ turn

1-2      Step L Fwd, pivot ¼ turn right  
3-4      Step L over R, hold  
&5      Step R to side, cross step L over R  
&6      Step R to side, cross step L over R  
7-8      Step back R making ¼ turn left, step left to side making ¼ turn left

## Kick R x2 &, kick L x 2 &, kick R x2, side rock

1-2&      Kick R twice, step R back  
3-4&      Kick L twice, step L back  
5-6      Kick R twice  
7-8      Rock R to R side, recover

## Cross hold & weave left, side rock, ¾ triple left

1-2      Cross step R over L, hold

&3 Step L to side, step R behind  
&4 Step L to side, step R over L  
5-6 Rock left to side, recover  
7&8 Step L back making  $\frac{1}{4}$  turn left, step R beside, step L Fwd making  $\frac{1}{2}$  turn left

**Tag: End of 1st wall facing 3.00, 16 counts**

1-2 Step R Fwd, point L to side  
3-4 Step L back, point R to side  
5-6 Step R  $\frac{1}{4}$  turn R, point left to side  
7-8 Step L back, point R to side  
9-16 Repeat counts 1-8

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