

# Over It

拍数: 48      墙数: 4      级数: Improver  
编舞者: Sebastiaan Holtland (NL) - October 2007  
音乐: Over It - Ashley Tisdale



Intro : 16 count after the vocal

## BACK AND BACK, ¼ TURN, OUT OUT, SAILOR CROSS, ¾ TURN

1-2            Rf stepping back, Lf stepping back (12:00)  
&3&4        ¼ turn, Rf hitch and stepping out, Lf hitch and stepping out weight onto both feet (3:00)  
5&6        Rf step behind Lf, Lf stepping to the left, Rf step across Lf, weight onto both feet (3:00)  
7-8        Rf+Lf turn ¾ left, take weight onto Lf (6:00)

## BACK AND BACK, ¼ TURN, OUT OUT, SAILOR CROSS, ¾ TURN

9-10        Rf stepping back, Lf stepping back (6:00)  
&11&12     ¼ turn, Rf hitch and stepping out, Lf hitch and stepping out weight onto both feet (9:00)  
13&14      Rf stepping behind Lf, Lf stepping to the left, Rf step across Lf, weight onto both feet (9:00)  
15-16      Rf+Lf turn ¾ left, take weight onto Lf (12:00)

**Note: Bridge: On the 5th wall you get a bridge in the music, than you repeat the steps 1 – 16**

## SYNCOPATED POINTS FWD, BODY MOVEMENT, SCOOT FWD, BODY MOVEMENT

17&18&     Rf point across forward left, Rf stepping to the right. Weight onto Rf (12:00)  
19&20&     Lf point across forward right, Lf stepping to the left weight on both feet (12:00)  
21-22      Turning your body around CCW holding weight onto both feet  
&23-24     Scoot onto both feet forward slightly, turning your body around CCW holding weight onto both feet (12:00)

## MAKE ¼ TURN SIDE TAP, ¼ TURN SIDE TAP, ¼ TURN SIDE TAP, SIDE TAP

25-26      Rf stepping forward with ¼ turn left, Lf tap next to Rf weight onto Rf (9:00)  
27-28      Lf stepping forward with ¼ turn left, Rf tap next to Lf weight onto Lf (6:00)  
29-30      Rf stepping forward with ¼ turn left, Lf tap next to Rf weight onto Rf (3:00)  
31-32      Lf stepping to the left, Rf tap next to Lf weight onto Lf (3:00)

## ONE WIZARD OF OZ STEP FWD, ¼ TURN, WIZARD OF OZ STEPS FWD, TOUCH

33-34&     Rf stepping diagonal forwards on heel, Lf lock behind Rf, Rf step center  
&35-36&     ¼ turn left, Lf stepping diagonal forwards on heel, Rf lock behind Lf, Lf step center (12:00)  
37-38&     Rf stepping diagonal forwards on heel, Lf lock behind Rf, Rf step center (12:00)  
39-40      Lf stepping diagonal forwards on heel, Rf touch next to Lf (12:00)

## BRUSH FWD & SIDE, BEND, BEND, ARM MOVEMENT, KICK R OUT, HITCH, ¼ SAILOR & FWD

41&42      Rf brush forward, Rf stepping to the right take weight onto both feet (12:00)  
43-44      Rf+Lf bend two times up and down and flex your knees  
**At the same time move your hands up and down like Yeah! Yeah!**  
&45-46      Step Rf next to Lf, kicking Lf out to the left, HOLD (12:00)  
47&48      Lf make hitch, Lf step behind Rf, Rf stepping to the right with ¼ turn right, Lf stepping forward weight onto Lf (3:00)