Feed Your Dreams

拍数: 32	墙数: 2	级数: Improver

编舞者: TeeKay (NL) - September 2007

音乐: Teach Your Children - Alison Kraus

Intro : 32 counts

Syncopated diagonal lock steps, rockstep,1/2 turn R, step, full shuffle turn R, step

1&2	RF step slightly diag. R , LF lock behind RF, RF step slightly diag. R
&3&	LF step slightly diag. L , RF lock behind LF, LF step slightly diag. L
4&	RF lock behind LF, LF step slightly diagonal L
5&6&	RF rock, weight back on LF, RF step ½ R behind, LF step next to RF (6:00)
7&8&	Make full turn R (RF,LF, RF), LF take small step forward (6:00)

Weave, mambo step, point, step ¼ turn, point, shuffle, step

1&2&	RF cross over LF, LF step next to RF, RF cross behind LF, LF step next to RF
3&4&	RF cross over LF, LF rock L , weight back on RF, LF step next to RF
5&6&	RF point R , RF step back ¼ R , LF point L , LF step next to RF (15:00)
7&8&	RF step forward, LF close next to RF, RF step forward, LF close next to RF

Hitch, point, hitch, step (2x), shuffle, step, coaster step, step

1&2&	RF hitch knee , RF point R, RF hitch knee, RF step next to LF
3&4&	LF hitch knee , LV point L, LF hitch knee, LF step next to RF
5&6&	RF step forward, LF close next to RF, RF step forward, LF close next to LF
7&8&	RF step behind, LF close next to RF, RF step forward, LF close next to RF

Step, bumps, step ¼ turn, (lockstep , step ¼ turn (2x)), lockstep, cross step

1&2&	RF step forward + bump hips R, bump hips L, bump hips R, LF step ¼ R forward + bump hips L (12:00)
3&4&	RF step forward, LF cross behind RF, RF step forward, LF step ¼ R forward (9:00)
5&6&	RF step forward, LF cross behind RF, RF step forward, LF step ¼ R forward (6:00)
7&8&	RF step forward, LF cross behind RF, RF step forward, LF cross behind RF

Bridge at the end of 3rd wall (6:00); also ending of the dance (12:00):
Mambo step R, mambo step L

1&2	RF rock R, weight back on LF, RF step next to LF
3&4	LF rock L, weight back on RF, LF step next to RF

Enjoy the beautiful music and have fun !!