

# All That I Know

拍数: 80                      墙数: 4                      级数: Intermediate  
编舞者: Arne Stakkestad (BEL) - September 2007  
音乐: All That I Know - Lori Lampkin : (Album: That Place)



Dance order: A48, B32, A48, B32, A32, B32,B32, A41

Intro: 32 counts, (clap hands on counts 18, 20, 22, 24, 26, 28, 30 en 32 of the intro)

## Part A 48 counts

### Cross steps, cross shuffle, paddle ¼ turn, kick ball cross

1-2                      Cross Right over Left, cross Left over Right  
3&4                      Cross Right over Left, Left next to Right, cross Right over left  
5-6                      Touch Left to left side, ¼ turn Right and touch Left to Left side  
7&8                      Left kick forward, on ball of Left next to Right and cross Right over Left

### Diagonal steps forward, touch, touch, sidestep X 2

9-10                      Step Left diagonally left forward, step Right diagonally right forward  
11&12                      Touch Left next to Right, touch Left bit farther to left, step Left to left side  
13-14                      Step Right diagonally right forward, step Left diagonally left forward  
15&16                      Touch Right next to Left, touch Right bit farther to right, step Right to right side

### Cross, unwind, lockstep, kicks, sailor step

17-18                      Cross Left over Right, ½ turn right and weight on Right  
19&20                      Step Left forward, lock Right behind Left, step Left forward  
21-22                      Kick Right diagonally left forward, kick Right diagonally right forward  
23&24                      Cross Right behind Left, step Left to left side and step Right forward

**The following 24 counts are mirror image, Right becomes Left and Left becomes Right**

### Cross steps, cross shuffle, paddle ¼ turn, kick ball cross

25-26                      Cross Left over Right, cross Right over Left  
27&28                      Cross Left over Right, Right next to Left, cross Left over Right  
29-30                      Touch Right to Right side, ¼ turn left and touch Right to right side  
31&32                      Right kick forward, on ball of Right next to Left and Cross Left over Right

### Diagonal steps forward, touch, touch, sidestep X 2

33-34                      Step Right diagonally right forward, step Left diagonally left forward  
35&36                      Touch Right next to Left, touch Right bit farther to right, step Right to right side  
37-38                      Step Left diagonally left forward, step Right diagonally right forward  
39&40                      Touch Left next to Right, touch Left bit farther to left, step Left to left side

### Cross, unwind, lockstep, kicks, sailor step

41-42                      Cross Right over Left, ½ turn left and weight on Left  
43&44                      Step Right forward, lock Left behind Right and step Right forward  
45-46                      Kick Left diagonally Right forward, kick Left diagonally Left forward  
47&48                      Cross Left behind Right, step Right to right side and step Left forward

## Part B chorus 32 counts

### Touch, knee in, touch, knee out, kick ball cross X2

1-2                      Touch Right next to Left (knee in), Touch Right next to Left (knee out)  
3&4                      Kick Right diagonally right forward, Right next to Left and Cross Left over Right  
5-6                      Touch Right next to Left (knee in), Touch Right next to Left (knee out)  
7&8                      Kick Right diagonally right forward, Right next to Left and Cross Left over Right

**Side rock, sailor step ¼ turn, full turn, bumps**

- 9-10 Rock Right to right side, recover weight on Left  
11&12 Cross Right behind Left, ¼ turn left and step Left to left side and step Right forward  
13-14 Make ½ turn right and step Left back, ½ turn right and step Right forward  
15&16 Step Left diagonally left forward and bump hips forward, back, forward

**Touch, knee in, touch, knee out, kick ball cross X2**

- 17-18 Touch Right next to Left (knee in), Touch Right next to Left (knee out)  
19&20 Kick Right diagonally right forward, Right next to Left and Cross Left over Right  
21-22 Touch Right next to Left (knee in), Touch Right next to Left (knee out)  
23&24 Kick Right diagonally right forward, Right next to Left and Cross Left over Right

**Skates backwards, bumps, skates backwards, bumps**

- 25-26 Skate Right diagonally right backwards, skate Left diagonally left backwards  
27&28 Step Right diagonally right back and bump hips back, forward, back  
29-30 Skate Left diagonally left backwards, skate Right diagonally right backwards  
31&32 Step Left diagonally left back and bump hips back, forward, back
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