Psycho Iko

拍数: 32

级数: Intermediate

编舞者: Mick Bennett (UK) - September 2007

音乐: Iko Iko - Captain Jack : (Album : Greatest Hits)

Section 1 - Push Hitch Back, Hitch Back * 2, Coaster, Scuff, Hitch, Out-Out, Clap	
1&2	Push forward on Right, Recover to Left hitching Right knee, Step back on Right
&3&4	Hitch Left knee, Step back on Left, Hitch Right Knee, Step back on Right
&5&6	Hitch Left, Step back on Left, Close Right to Left, Step forward on Left
&7	Scuff Right, Hitch Right
&8&	Step (slightly) out Right, Step (slightly) out Left, Clap
	r steps 7&8 - hitch Right to make a little jazz jump out-out (both feet leaving the floor on the
hitch)	
Section 2 - Hip Bumps, Syncopated Weave Right, Cross Behind-Unwind ¾ Left	
1-2	Bump hips Right, Left
3&4	Bump hips Right, Left, Right
&5&6	Cross Left behind Right, Step Right to Right side, Cross Left over Right, Step Right to Right side
7-8	Cross Left behind Right, Unwind ¾ turn left (retain weight on left foot which should be slightly in front of Right) (3)
Styling note : on step 7 bend both knees (dip) and straighten (raise) as you unwind on count 8	
(Obvious) Restart here on walls 2 and 5	
	mbo Forward & Back, Push ½ Right, Ball Step, (Travelling) Triple Full Turn, Close
1&2	Rock forward Right, Recover to Left, Step back on Right
3&4	Rock back Left, Recover to Right, Step forward on Left
5&6	Push forward on Right, Recover to Left, Making ½ turn Right step forward on Right (9)
&7&8&	(Ball) Step left to Right, Make a full triple turn Right stepping Right, Left, Right (turn should travel forwards), Close Left to Right
Alternative for &7&8& : (Ball) Step left to Right, Shuffle forward Right, Left, Right, Close Left to Right (Ball	
step)	
	ncopated Rocking Chair, Push ½ Right, Push ½ Left, Push ½ Left, Shuffle Forward Left
1&2&	Rock forward Right, Recover to Left, Rock back Right, Recover to Left
3&4	Push forward Right, Recover to Left, Make 1/2 Right stepping forward on Right (3)
5&	Push forward on left, Recover onto Right making ½ turn Left (9)
6&	Push forward on left, Recover onto Right making ½ turn Left (3)
OPTION for 5&6& :	
5&6&	Syncopated Rocking Chair - Rock forward on Left, Recover weight to Right, Rock back on Left, Recover forward to Right
7&8	Shuffle forward Left, Right, Left
Start Again	
Ending : (Optional of course) : As the music gets to the end (pretty obvious but if you're into counting it's wall	
•	th panache facing the front wall by replacing the steps 7&8 in the section 4 with :
7-8	Making ¼ Left step left to side, Step forward Right extending right hand forward and pose (Facing 12 o'clock)



墙数:4