

La Playa

拍数: 32 墙数: 4 级数: Novice
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音乐: A la Playa - S.B.S.



Intro : 32 counts.

¼ Turn Step, Cross Step (x2), Step, Lock, Step, Rock, Recover Sweep, Turn Cross, Recover, Side

1-2-3 ¼ turn left step forward left, Step forward right in front of left, Step forward left in front of right
4&5 Step forward right, Lock left behind right, Step forward right
6-7 Rock forward left, Recover and sweep left from front to back
8&1 ¼ left cross left behind right (weight is on ball of left), Recover, Step left to left side (06)

Close, Side, Touch, Step, Cross, Recover, Side shuffle ¼ Turn

2-3 Close right next to left, Step left to left side
4-5-6-7 Touch right next to left, Step right to right side, Cross left over right to right diagonal, Recover
8&1 Step left to left side, Close right next to left, ¼ turn left en step left forward (03)

Step, Pivot, Step Back, Kick, Step, Point, Hold, Step, Point, Step, Point, Flick

2-3 Step forward on right, ½ turn right step back on left
4&5 Kick right forward, Step back on right, Point left forward (pop knees)
6&7 Hold, Step down on left, Point right forward (pop knees)
&8-1 Step down on right, Point left forward (pop knees), Step down on left and flick right back (09)

Step, Step, Pivot, Step Back, Sweep, Close, Jump Out, Jump Cross, Jump Out,

2-3 Step forward on right, Step forward on left
4-5-6 ½ turn left, Step back on left (pop right knees forward), Close right next to left
7&8 Jump out – out (left, right), Jump and cross right over left, Jump out – out (left, right, weight on right) (03)

Start again and let the beat control your hips!
