# My Cha Cha



拍数: 64 编数: 4 级数: Intermediate / Advanced

编舞者: Bronya Bishorek (MY)

音乐: Chacha Mu Chacha (Cha Cha Cha / 31 Bpm) - Ballroom Orchestra & Singers:

(Album: Giants of Latin Blue Midnight)



# First place in Dancefuntasia 2007, Choreography Division (Penang, June 2007)

BASIC CHA CHA, ALEMANA	(UNDERARM TURN)
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1,2,3 Step LF to left, step RF back, step LF forward

4&5 Chasse forward – R, L, R

6,7 Step LF across RF towards right diagonal (2:30), ½ turn right (7:30)

8&1 Turn to face 12:00 and shuffle left – L, R, L

#### 1/4 RIGHT, SIT WITH ATTITUDE, ROLL HIPS, 1/4 LEFT, SAILOR STEP

2, 3 Make a ¼ turn right and step RF back, sit with weight on RF

4&5 Roll hips anti-clockwise while standing up, finish with hips pushed back

(Guys can do this with their rib cage instead)

6, 7 Step forward on LF, ¼ turn left and step RF to right 8&1 Do a sailor step to your right with your L, R, L

#### SAILOR STEP, WEAVE, 1/4 RONDE LEFT, STEP BACK, WALK WALK

2&3 Do a sailor step to your left with your R, L, R

4&5 Step LF behind R, step RF to R, step LF across R

a,6 Do a ¼ left ronde with LF finishing with LF behind RF while putting weight on RF

7, 8, 1 Transfer weight to LF, walk forward R, L

### HIP ROCK STEP R, HIP ROCK STEP L, ROCKING CHAIR RF, HIP ROCK STEP R

With RF at R diagonal, push R hip forward, back and step to R diagonal
With LF at L diagonal, push L hip forward, back and step to L diagonal
Step RF forward, recover weight to LF, step RF back, recover weight to LF
With RF at R diagonal, push R hip forward, back and step to R diagonal

### MAMBO FORWARD, RECOVER, R COASTER BACK X 4 TO EACH WALL (ACW)

2&3	Rock forward on LF, recover weight on RF, step back on LF (9:00)
4&5	Step back on ball RF, bring LF next to R on ball, step forward on RF

6&7 1/4 turn left and rock forward on LF, recover weight on RF, step back on LF (6:00)

Step back on ball RF, bring LF next to R on ball, step forward on RF

2&3 ½ turn left and rock forward on LF, recover weight on RF, step back on LF (3:00)

4&5 Step back on ball of RF, bring LF next to R on ball, step forward on RF

6&7 1/2 turn left and rock forward on LF, recover weight on RF, step back on LF (12:00)

Step back on ball of RF, bring LF next to R on ball, step forward on RF

#### REVERSE WEAVE R, SIDE ROCK CROSS, TOGETHER, REVERSE WEAVE L, SIDE ROCK TURN

2&3 Cross LF over R, step RF to R, cross LF behind R

4&5& Rock RF to R, recover weight on LF, cross RF behind L, step LF next to R

6&7 Cross RF over L, step LF to L, cross RF behind L

8&1 Rock LF to L, recover weight to RF, ¼ L and step LF back

## CHASSE BACK RF, LF, ROCK RECOVER, STEP TAP SIDE

2&3 Chasse backwards R, L, R4&5 Chasse backwards L, R, L

6, 7 Rock back on RF, recover weight on LF

Step forwards on RF, tap LF behind R, step LF to L (as in beginning of dance)

## REPEAT AGAIN! The dance moves ACW around the floor.

## **ENJOY THE DANCE!**