## You Make Me Feel Like Dancin'!!



拍数: 80 墙数: 2 级数: Intermediate

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音乐: You Make Me Feel Like Dancin' - Groove Generation



Sequence of dance - A - B -A - B - A - B - B (8 counts) - B -A - B - A

Part A - 40 counts

heel, step, heel, step, heel, step, heel, step, step, touch, 1/4 turn, step 1&2& Touch R heel forward (1). Step on R next to L (&). Touch L heel forward (2). Step on L next to R (&). 3&4 Touch R heel forward (3). Step on R next to L (&). Touch L heel forward (4). 5-8 Step to L on L foot (5). Touch R next to L (6). 1/4 turn L and step on R (7). Step on L next to R (8).

\*Arms - Bring arms straight up/over head shoulder width (1). Bring arms to chest crossing R over L (2). Bring arms straight down and slightly out to the side (3). Bring arms to chest crossing R over L (4). \*Relax arms by side for 5-8.

&1-8 Repeat sequence again.

&1-8 Repeat sequence again.

toe, step, toe, step, step, ½ turn pivot, walk, walk 1-4 Touch R toe forward (1). Step down on R foot (2). Touch L toe forward (3). Step down on L foot (4). 5-8 Step forward on R (5). ½ turn pivot L with L foot taking weight (6). Walk forward on R (6). Walk forward on the L(8). \*Arms - Take arms straight forward (1). Bring arms into your chest (2). Take arms straight out to the side (3). Take arms straight forward (4). Relax arms

by your side

5-8.

toe, step, toe, step, step, ½ turn pivot, step, 1/4 turn. 1-4 Touch R toe forward (1). Step down on R foot (2). Touch L toe forward (3). Step down on L foot (4). 5-8 Step forward on R (5). ½ turn pivot L with L foot taking weight (6). Step forward on R foot (7). Pivot a 1/4 turn L with L foot taking weight (8).

## Part B - 40 counts

step, cross, 1/4 turn, step, ½ turn, step - 1/4 turn, cross, 1/4 turn, step, ½ turn &1-2 Step on R foot in place (&). Cross L foot over R, weighting L (1). Open a 1/4 R and step forward on R foot (2). 3-4 Step forward on L foot (3). ½ turn pivot R with R foot taking weight (4).

&5-6 Open a 1/4 turn L (to face original position) and step on L foot (&). Cross R foot over L, weighting L (5). Open a 1/4 turn L and step forward on L foot (6). 7-8 Step forward on R foot (7). ½ turn pivot L with L foot taking weight (8).

kick ball change (with body twist), kick ball change (with body twist), 1/4 turn - hip bump R, L, R, R 1&2 Kick the R foot forward (1). Step on the ball of the R foot (&). Change weight to the L foot as you step slightly forward on L. At the same time twist your upper body a 1/4 turn L (2). \*Your footwork will stay forward but your upper body will be facing L. 3&4 Repeat Kick ball change sequence.

5-8 Open a 1/4 turn L (to face original position). At the same time step on the R foot as you bump your R hip to the R side. You feet should be shoulder width apart as you shift your weight to the R (5). Bump your L hip to the L side as you shift your weight to the L (6). Bump your R hip to the R side twice shifting weight to the R (7-8).

step, cross, kick, cross, step/drag, touch, rolling vine with 1/4 turn, touch &1-2 Step down on the L foot in place (&). Cross R foot over L, weighting R (1). Kick the L foot on a diagonal to the L (2). &3-4 Cross the L foot over the R, weighting L (&). Take a big step R and drag L in toward R (3). Touch L next to R foot (4). 5-8 Begin rolling vine with a 1/4 turn to the L stepping L-R-L (5-6-7). Touch R foot next to L (8).

twist, twist, step, hop, 1/4 turn step, twist, twist, step, hop -1/4 turn, step 1-2 Twist, on the balls of both feet, to the R (1). Twist L (2). 3&4 Step on the R foot on a slight diagonal to the R (3). Small hop on the R foot as you open a 1/4 turn L (&). Step forward on L foot (4). 5-8 Repeat sequence again.

diagonal shuffle, diagonal shuffle, step, 1/2 turn pivot, step, 1/4 turn 1&2 Shuffle forward but on a diagonal to the R stepping R-L-R. 3&4 Shuffle forward but on a diagonal to the L stepping L-R-L. 5-6 Step forward on the R (5). Pivot ½ turn L with L taking weight (6). 7-8 Step forward on the R (7). Pivot 1/4 turn L with L taking weight (8).

## Part B - 8 counts

1-4 Step to R on R (1). Touch L next to R (2). Step to L on L (3). Touch R next to L (4). 5-8 Step to R on R (5). Touch L next to R (6). Step to L on L (7). Touch R next to L (8).