

# 1 2 3 4

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jamie Marshall (USA) - July 2004  
音乐: 1,2,3 (Remix) - Gloria Estefan



## 16 Count Intro

### STEP R TO R, ROCK, RECOVER, TRIPLE L TURNING ¼ L, STEP, TURN ¼ R, TRIPLE L

1,2,3      Step R to R (1), Rock L forward (2), Recover onto R (3)  
4&5      Step L to L (4), Step R next to L (&), Step L to L turning ¼ L (5)  
6,7      Step R forward (6), Pivot ¼ R on ball of R, hitching L (7)  
8&1      Step L to L (8), Step R next to L (&), Step L to L (1)

### ROCK, RECOVER, POINT, UPPER BODY ¼ L, STEP, CROSS BEHIND, STEP, CROSS OVER

2,3,4      Rock R back (2), Recover onto L (3), Point R to R (4)  
5,6      Turn upper body ¼ L, looking L (5), Step R to R (6) (Option: 5 Flick R to R)  
7&8      Cross L behind R (7), Step R to R (&), Cross L over R (8)

### KICK & POINT, TURNING UPPER BODY ¼ R (SLIGHTLY BENDING KNEES), REPEAT TO L

1&2      Kick R forward (1), Step R back (&), Point L forward (2)  
3,4      (Weight on R) Slightly bending knees, turn upper body ¼ R (3), Recover, turn upper body ¼ L (4)  
5&6      Kick L forward (5), Step L back (&), Point R forward (6)  
7,8      (Weight on L) Slightly bending knees, turn upper body ¼ L (7), Recover, turn upper body ¼ R (8)

### WALK, WALK, TRIPLE LEFT, TURN ¼ L, MAMBO WITH TOUCH

1,2      Step R forward (1), Step L forward (2) (Styling: Slightly turn body to R)  
3&4      Cross R behind L (3), Step L to L (&), Cross R behind L (4)  
5,6      Turn ¼ L, as drag toe outwards in circular motion (5), Take weight on L (6)  
7&8      Rock R to R (7), Recover onto L (&), Touch R next to L (8)

**Restart: Wall 5 (Dance first 16 counts, then restart) EASY!**