

The Unbreakable Heart

COPPER KNOB
STEPSHETS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Brock Wasnaught
音乐: Breakable Heart - Jessica Andrews



1,2&3,4 Step R
to R side, drag
L to meet R and
step on L, step
R over L, ¼ turn
R and step back
L, ¼ turn R and
step Side R
5&6&7,8 L
sailor making a
¼ turn L (turn
on ?? count),
step R together,
step L forward,
¼ pivot Right
(weight on R)

1&2,3&4 Cross
L over R, step R
to R side,
rock/step L
behind R,
replace weight
on R step L to L
side, step R
behind L
5,6,7&8 Make a
¼ turn L and
step forward on
L, step forward
R, make a ¼
turn R and step
L to L side,
make a further
½ turn R, step R
to R side,
rock/step L over
R.

1&2, 3&4

Replace weight
on R, step L to
L side, rock/step
R over L,
replace weight
on L, step R to
R side,
rock/step L over
R

5,6,7&8

Replace weight
on R, make a $\frac{1}{4}$
turn L, and step
L forward, step
R forward, $\frac{1}{2}$
pivot L, step R
forward

1,2,3&4 Step L
to L side while
swaying hips L,
sway hips R,
cross L over R,
step back R,
make a $\frac{1}{4}$ turn L
and step
forward L

5&6,7,8

Rock/step
forward on R,
replace weight
on L, make a $\frac{1}{2}$
turn to R and
step forward R,
step L forward,
 $\frac{1}{2}$ pivot R
(weight on R)

*** 3rd WALL

RESTART

1,2&3,4

Rock/step L
over R, replace
weight on R,
step L to L at
45degrees, step
forward, R, $\frac{1}{2}$
pivot L (weight
on L)

5,6&7,8

Rock/step R
over L, replace
weight L, step R
to R at
45degrees, step
forward L, $\frac{1}{2}$
pivot R (weight
on R)

1&2,3&4 L
forward coaster
(facing R
@45degrees),
step back R
making 1/8 turn
L (to straighten
up to front wall),
step L beside R,
step R forward
5,6,7&8
Rock/step L
forward, replace
weight on R,
make a 1 ½ turn
L, stepping
L,R,L (traveling
backwards).

1,2,3&4
Rock/step R to
R side, replace
weight on L,
step R behind L,
step L to L side,
cross R over L
5,6&7,8
Rock/step L to L
side, replace
weight on R
making a ¼ turn
L, make a ¼
turn L and step
L to L side, step
forward R, step
forward L

1&2,3,4 R back
coaster, step
forward L, ½
pivot R
5&6,7&8& Step
L over R,
rock/step R to R
side, replace
weight on L,
step R over L,
rock/step L to L
side, replace
weight on R,
cross L over R

**Restart dance
from beginning**

RESTART:

During 3rd wall,
dance up to
count 32 (**),
and restart
dance by
adding the
following ?&?
count: Step
together with L
foot.
