

Hidden Agender

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ed Lawton (UK) & Kelli Haugen (NOR)
音乐: Hidden Agenda - Craig David



Mambo ¼ Turn, Back Lunge, Step, Step, ¼ Turn, Hitch, Crossing Shuffle

1&2 Rock left to left, recover on right, ¼ left on left (left heel to right instep)
3,4 Lunge back on right, step forward on left
5&6 Step forward on right, ¼ turn left on left, hitch right knee across left leg
7&8 Step right across left, step left to left, step right across left

Step Touch x2, Hip Bumps, ¼ Turn Sailor

1,2 Step left to left, touch right toe to right (body roll is nice here)
3,4 Step right to right, touch left toe to left (and here)
5&6 Bump hips left, right, left (on count 6 lift and straighten right leg slightly)
7&8 ¼ turn right step right behind left, step left to left, step slightly forward on right

Walk, Walk, Triple Lock, Rock, ¼ Turn Recover, Side Shuffle

1,2 Walk forward on left, right
3&4 Triple lock forward left, right, left
5,6 Rock forward on right, recover ¼ turn right on left
7&8 Side shuffle right, left, right

Sailor ¼ Turn, Kick Ball Step, Step, Hold, Twist ½ Turn

1&2 Step left behind right, step right on right, ¼ left on left
3&4 Kick right foot forward, step right next to left, step forward on left
5,6 Step forward on right, hold
7&8 Twist both heels right, left, right making a ½ turn left (end with weight on right foot)

Start Again
