

Been Missin

COPPER KNOB
STEPPING

拍数: 68 墙数: 4 级数: Intermediate
编舞者: Steve Mason (UK)
音乐: Since You've Been Missing - The Deans



**TOE
SWITCHES,
CLAP, CLAP,
FORWARD,
LOCK, LOCK
SHUFFLE**
1&2 Touch right
foot to right
side, step left
foot next to right
foot, Touch left
foot to left side
&3&4 Step left
foot next to right
foot, touch right
toes forward,
clap hands
twice
&5-6 Step right
foot next to left
foot, Step
forward on left
foot, lock right
foot behind left
foot
7&8 Step
forward on left
foot, lock right
foot behind left
foot, step
forward on left
foot,

**FORWARD
ROCK,
RECOVER,
COASTER
STEP,
FORWARD
ROCK,
RECOVER 1 / 2
TRIPLE TURN**
9-10 Rock step
forward on right
foot, recover
weight to left
foot,

11&12 Step
back right foot,
step left foot
next to right
foot, step
forward on right
foot,
13-14 Rock step
forward on left
foot, recover
weight to right
foot,
15&16 1 / 2 turn
left triple
stepping left,
right, left

**TOE
SWITCHES,
CLAP, CLAP,
FORWARD,
LOCK, LOCK
SHUFFLE**

17&18 Touch
right foot to right
side, step left
foot next to right
foot, Touch left
foot to left side
&19&20 Step
left foot next to
right foot, touch
right toes
forward, clap
hands twice
&21-22 Step
right foot next to
left foot, Step
forward on left
foot, lock right
foot behind left
foot
23&24 Step
forward on left
foot, lock right
foot behind left
foot, step
forward on left
foot,

**FORWARD
ROCK,
RECOVER,
COASTER
CROSS, SIDE
ROCK,
RECOVER,
CROSS
SHUFFLE**

25-25 Rock step
forward on right
foot, recover
weight to left
foot,
27&28 Step
back right foot,
step left foot
next to right
foot, cross step
right foot over
left foot,
29-30 Rock step
left foot to left
side, recover
weight to right
foot,
31&32 Cross
step left foot
over right foot,
step right foot
next to left foot,
cross step left
foot over right
foot,

**1 / 2 HINGE
TURN LEFT,
FORWARD
SHUFFLE,
BRUSH
FORWARD,
BRUSH BACK,
FORWARD
SHUFFLE**

33-34 Step right
foot to right
side, 1 / 2 turn
left stepping left
foot to left side,
35&36 Step
forward on right
foot, close left
foot to right foot,
step forward on
right foot,
37-38 Brush left
foot forward,
brush left foot
back,
39&40 Step
forward on left
foot, close right
foot to left foot,
step forward on
left foot

**FORWARD
ROCK,
RECOVER,
FULL TRIPLE
TURN, CROSS,
1 / 4 TURN
LEFT, SIDE
SHUFFLE**

41-42 Rock step
forward on right
foot, recover
weight to left
foot

43&44 Full turn
right triple
stepping right,
left, right,

45-46 Cross
step left foot
over right foot,
1/ 4 turn left
stepping back
on right foot,

47&48 Step left
foot to left side,
close right foot
beside left foot,
step left foot to
left side,

**CROSS, HOLD,
BALL CROSS,
SIDE, SAILOR
STEP, CROSS,
HOLD, BALL
CROSS, SIDE,
1 / 4 TURN
SAILOR**

49-50 Cross
step right foot
over left foot,
hold

&51-52 Step left
foot to left side,
cross step right
foot over left
foot, step left
foot to left side,

53&54 Step
right foot behind
left foot, step
left foot to left
side, recover
weight to right
foot,

55-56 Cross
step left foot
over right foot,
hold

&57-58 Step
right foot to right
side, cross step
left foot over
right foot, step
right foot to right
side,
59&60 Step left
foot behind right
foot, 1/ 4 turn
left stepping
right foot to right
side, step left
foot to left side

**FORWARD, 1 /
2 PIVOT,
KICKBALL
CHANGE,
FORWARD 1 /
4 PIVOT,
KICKBALL
CHANGE**

61-62 Step
forward on right
foot, pivot 1 / 2
turn left
63&64 Kick right
foot forward,
step right foot
next to left foot,
change weight
to left foot,
65-66 Step
forward on right
foot, pivot 1 / 4
turn left
67&68 Kick right
foot forward,
step right foot
next to left foot,
change weight
to left foot,

**Begin dance
again**
