

# My First Time

**COPPERKNOB**  
STEPSHETS

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Louis James Sequeira (SG)  
音乐: Like a Virgin - Madonna



**ROCK  
RECOVER,  
SIDE SHUFFLE  
TO  
RIGHT,ROCK  
RECOVER,  
SIDE SHUFFLE  
TO LEFT**

1-2 Step Right  
across Left and  
rock diagonally  
forward,  
Recover weight  
on Left  
3&4 Side shuffle  
right - Step side  
Right, close Left

beside Right,  
Step side Right  
5-6 Step Left  
across Right  
and rock  
diagonally  
forward,  
recover weight  
on Right  
7&8 Side shuffle  
left- Step side  
Left, close Right

beside Left,  
Step side Left

**ROCK  
RECOVER,  
SIDE SHUFFLE  
TO  
RIGHT,ROCK  
RECOVER,  
SIDE SHUFFLE  
TO LEFT**

1-3 Step Right  
across Left and  
rock diagonally  
forward,  
Recover weight  
on Left

3&4 Side shuffle  
right - Step side  
Right, close Left

beside Right,  
Step side Right  
5-7 Step Left  
across Right  
and rock  
diagonally  
forward,  
recover weight  
on Right  
7&8 Side shuffle  
left- Step side  
Left, close Right

beside Left,  
Step side Left

**FORWARD  
RIGHT  
SHUFFLE,  
RIGHT  
PIVOT, FORWA  
RD LEFT  
SHUFFLE,  
LEFT PIVOT**

1&2 Forward  
Right Shuffle-  
Step Right  
forward, Step  
Left  
behind Right,  
Step Right  
forward  
3-4 Pivot  $\frac{1}{2}$  turn  
to the right (step  
Left forward,  
half  
right turn  
transferring  
weight onto  
Right)  
5&6 Forward  
Left shuffle-  
Step Left  
forward, Step  
Right behind  
Left, Step Left  
forward  
7-8 Pivot  $\frac{1}{4}$  turn  
to the left (step  
Right forward,  
quarter left turn  
transferring  
weight onto  
Left)

**STOMP**  
**STOMP CLAP**  
**CLAP,STOMP**  
**STOMP CLAP**  
**CLAP**

1-2 Stomp  
Right, Stomp  
Left  
3-4 Clap, Clap  
5-6 Stomp  
Right, Stomp  
Left  
7-8 Clap, clap

**RIGHT**  
**SAILOR, LEFT**  
**SAILOR,**  
**RIGHT KICK**  
**BALL**  
**CHANGES**

1&2 Cross step  
Right behind  
Left, step Left to  
left  
side, Step Right  
to right side  
3&4 Cross step  
Left behind  
Right, step  
Right to right  
side, step Left  
side  
5&6 Kick Right  
forward, Step  
Right beside  
Left, Step  
Left in place  
7&8 Kick Right  
forward, Step  
Right beside  
Left, Step  
Left in place

**REPEAT**

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