

# Stop Right Now

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4  
编舞者: Louis James Sequeira (SG)  
音乐: Stop - Spice Girls

级数: Improver



**SKATE SKATE  
FORWARD  
RIGHT  
SHUFFLE, SKA  
TE SKATE  
FORWARD  
LEFT  
SHUFFLE**

1,2 Skate Right  
forward in semi-  
circle to right,  
Skate Left  
forward in semi-  
circle to left  
3&4 Step Right  
forward, Step  
Left behind  
Right, Step  
Right forward  
5,6 Slide/Skate  
Left forward  
diagonally to  
left, Slide/Skate  
Right forward  
diagonally to  
right  
7&8 Step Left  
forward, Step  
Right behind  
Left, Step Left  
forward

**STEP RIGHT,  
RIGHT SIDE  
DRAG  
FORWARD  
RIGHT  
SHUFFLE  
STEP  
LEFT, LEFT  
SIDE DRAG  
FORWARD  
LEFT  
SHUFFLE**

1,2 Take a long  
step Right to  
right, Drag Left  
to Right

3&4 Step Right  
forward, Step  
Left behind  
Right, Step  
Right forward  
5,6 Take a long  
step Left to left,  
Drag Right to  
Left  
7&8 Step Left  
forward, Step  
Right behind  
Left, Step Left  
forward

**PADDLE  
TURN, RIGHT  
HEEL  
FORWARD,  
TAP RIGHT  
TOE BACK  
PADDLE  
TURN, RIGHT  
HEEL  
FORWARD,  
TAP RIGHT  
TOE BACK**

1,2 Paddle Turn  
1/4 : Place ball  
of R foot  
forward,  
pushing off onto  
L with a 1/4 turn  
left  
3,4 Place Right  
heel forward,  
Tap Right Toe  
back  
5,6 Paddle Turn  
1/4 : Place ball  
of R foot  
forward,pushing  
off onto L with a  
1/4 turn left  
7,8 Place Right  
heel forward,  
Tap Right Toe  
back

**LEFT VINE  
TURN 1/4  
LEFT,  
FORWARD  
LEFT SHUFFLE  
FORWARD  
RIGHT  
SHUFFLE,  
FORWARD  
LEFT SHUFFLE**

1,2 Step Left to  
left, cross right  
behind Left  
3&4 Make  $\frac{1}{4}$   
turn left  
stepping Left  
forward, do a  
forward left  
shuffle- Left,  
Right, Left  
5&6 Forward  
Right Shuffle-  
Right, Left,  
Right  
7&8 Forward  
Left Shuffle-  
Left, Right, Left

**REPEAT**

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