

# Outside Inside Out

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: MiB  
音乐: Livin' la Vida Loca - Ricky Martin



3 Restarts.

**SIDE.  
TOGETHER.**

**STEP  
FORWARD.  
HOLD, LEFT  
SCISSOR  
STEP. HOLD**  
1-4 Step right to  
side. step left  
beside right.  
step forward  
right, hold  
5-8 Step left to  
side, close right  
beside left. step  
left across right,  
hold

**RIGHT SIDE  
STRUT, BACK  
ROCK. LEFT  
SIDE STRUT,  
ROCK BACK.**

1-4 Step right  
toe to right, drop  
right heel, rock  
back on left,  
rock forward on  
right  
5-8 Step left toe  
to left, drop left  
heel, rock back  
on right, rock  
forward on left.

**EXTENDED  
VINE RIGHT,  
STEP  
FORWARD,  
HOLD. PIVOT  
1/2LEFT,  
HOLD.**

1-4 Step right to  
side, cross left  
behind right,  
step right to  
side, cross left  
over right.

5-8 Step right  
forward ,hold  
.On ball of right  
pivot1/2 left  
,stepping left  
forward, hold  
(6:00)

**\*\* (Restart  
during 3rd wall)**

**EXTENDED  
VINE RIGHT,  
SIDE HOLD,  
SHIFT 3/4  
TURN LEFT,  
HOLD**

1-4 Step right to  
side, cross left  
behind right,  
step right to  
side, cross left  
over right.

5-8 Step right to  
side, hold. On  
ball of right shift  
3/4left turn,  
stepping left to  
side. (9:00)

**RIGHT SIDE  
,TOGETHER,  
SIDE, TOUCH,  
LEFT SIDE  
,TOGETHER,  
SIDE, TOUCH.**

1-4 Step right to  
right side, close  
left next to right,  
step right to  
side., point left  
next to right.

5-8 Step left to  
left side, close  
right next to left,  
step left to left  
side, point right  
next to left.\*\*

**\*\* (Restart  
during 7th wall)  
Add your own  
styling for above  
8 counts.**

**TOE STRUT,  
WALK , ROCK  
REPLACE,  
BACK, HOLD**

1-4 Toe strut  
forward with the  
right foot, walk  
forwards left,  
right.

5-8 Rock  
forward Left ,  
replace on right,  
step left back,  
hold

## **START AGAIN**

**3rd wall (6:00)  
dance till count  
24, then restart  
(facing front  
wall)12:00**

7th wall (3:00)  
dance till count  
40, then restart  
(facing front  
wall)12:00

11thwall(3:00)  
dance 1st 8  
count, then  
restart (facing  
3:00) wall.

My Apology to  
Winston &  
Joyce, i know u  
gays are doing  
the 120 counts  
by Elke. I know  
the steps are  
challenging but  
senior citizen  
like me can't  
handle that, like  
the song,  
though. I try to  
simplify the  
restarts, should  
be 4 or 5, but in  
my opinion they  
are not obvious,  
so i left them  
out.

The Dance is  
dedicated to all  
539 dancers.  
Happy Dancin' !  
Everyone.

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