

Element

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Dirty - Earth, Wind & Fire



- Set 1** **Walk Right Left, Rock & Back, Left Rock & Cross, Right Rock & Step**
1-2 Walk forward Right; Walk forward Left
3&4 Rock Right forward; & Replace weight to Left; Step Right back
5&6 Rock Left to left side; & Replace weight to Right; Step Left across (in front of) right
7&8 Rock Right to right side; & Replace weight to Left; Step Right forward
- Set 2** **Hip Bumps 1/2 turn, & Point, Turn Point, & Heel, & Step**
1-4 Keeping feet in place and rolling hips in a counterclockwise motion, make a 1/2 turn left
(weight stays on right)
&5&6 & Step Left next to right; Point Right to right side; & Make 1/4 turn right stepping Right next to
left; Point Left to left side
&7&8&8 & Step Left next to right; Tap Right heel forward; & Step Right in place; Step Left forward; &
Drag right toe forward to meet left
- Set 3** **Right Cross & Push, Left Cross & Push, Mambo Forward, Mambo 1/4 Cross**
1&2 Step Right across (in front of) left; & Make 1/8 turn right (face right diagonal) stepping Left to
left diagonal; Step Right next to left pushing hips back
3&4 Step Left forward (toward right diagonal); & Make 1/4 turn left (face left diagonal) stepping
Right to right side; Step Left next to right pushing hips back
5&6 Make 1/8 turn right (square to wall) step Right forward; & Replace weight to Left; Step Right
slightly behind left
7&8 Step Left back; & Replace weight to Right; Make 1/4 turn left and step Left across (in front of)
right
- Set 4** **Ball Cross, Touch, Step Touch, Shuffle Forward, Skate, 1/4 Skate**
&1-2 & Step Right to right side on ball of foot; Step Left across (in front of) right; Touch Right next
to left
3-4 Step Right forward and across left; Touch Left next to right
5&6 Step Left forward; & Close Right next to left; Step Left forward
7-8 Skate Right; Skate Left making 1/4 turn left
- Set 5** **Jazz Box, Kick Step Rock Step, Kick Step Rock Step**
1-2-3-4 Step Right across (in front of) left; Step Left back; Step Right to right side; Step Left forward
5&6&6 Kick Right forward; & Step Right forward; Rock Left to left side; & Replace weight to Right
7&8&8 Kick Left forward; & Step Left forward; Rock Right to right side; & Replace weight to Left
- Set 6** **Cross 1/4, Shuffle Back, Funky Walk Back**
1-2 Step Right across (in front of) left; Make 1/4 turn right and step Left back
3&4 Step Right back; & Close Left next to right; Step Right back
5&6&7&8 Swivel left toe out (left) and right heel in; & step left back while centering right foot; swivel
right toe out (right) and left heel in; & step right back while centering left foot; swivel left toe
out (left) and right heel in; & step left next to right; kick right foot to right side.
Easier Option: Walk back Left, Right, Left, side Right kick
- Set 7** **Right sailor step, 1/4 sailor kick, Weave to left with point (cross behind first)**
1&2 Step Right behind left; & Step Left to left side; Step Right to right side
3&4 Step Left behind right; & Make 1/4 turn left and step Right to right side; Kick Left forward
&5&6 & Step Left to left side; Step Right behind left; & Step Left to left side; Step Right across (in
front of) left

&7&8 & Step Left to left side; Step Right behind left; & Step Left to left side; Point Right to right side

Set 8 Turn, Turn, Shuffle, Hip Walks, Touch

1-2 Make 1/4 turn right and step Right forward; Make 1/2 turn right and step Left back

3&4 Make 1/2 turn right and step Right forward; & Close Left next to right; Step Right forward

5-6-7 Step Left forward on left diagonal while rolling hip front and left; Step Right forward on right diagonal while rolling hip front and right; Step Left forward on left diagonal while rolling hip front and left (Walks lead with the hip)

8 Touch Right next to left

Begin Again and Have Fun!!!
