

# Element

拍数: 64      墙数: 2      级数: Intermediate  
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音乐: Dirty - Earth, Wind & Fire



- Set 1**      **Walk Right Left, Rock & Back, Left Rock & Cross, Right Rock & Step**  
1-2      Walk forward Right; Walk forward Left  
3&4      Rock Right forward; & Replace weight to Left; Step Right back  
5&6      Rock Left to left side; & Replace weight to Right; Step Left across (in front of) right  
7&8      Rock Right to right side; & Replace weight to Left; Step Right forward
- Set 2**      **Hip Bumps 1/2 turn, & Point, Turn Point, & Heel, & Step**  
1-4      Keeping feet in place and rolling hips in a counterclockwise motion, make a 1/2 turn left  
(weight stays on right)  
&5&6      & Step Left next to right; Point Right to right side; & Make 1/4 turn right stepping Right next to  
left; Point Left to left side  
&7&8&8      & Step Left next to right; Tap Right heel forward; & Step Right in place; Step Left forward; &  
Drag right toe forward to meet left
- Set 3**      **Right Cross & Push, Left Cross & Push, Mambo Forward, Mambo 1/4 Cross**  
1&2      Step Right across (in front of) left; & Make 1/8 turn right (face right diagonal) stepping Left to  
left diagonal; Step Right next to left pushing hips back  
3&4      Step Left forward (toward right diagonal); & Make 1/4 turn left (face left diagonal) stepping  
Right to right side; Step Left next to right pushing hips back  
5&6      Make 1/8 turn right (square to wall) step Right forward; & Replace weight to Left; Step Right  
slightly behind left  
7&8      Step Left back; & Replace weight to Right; Make 1/4 turn left and step Left across (in front of)  
right
- Set 4**      **Ball Cross, Touch, Step Touch, Shuffle Forward, Skate, 1/4 Skate**  
&1-2      & Step Right to right side on ball of foot; Step Left across (in front of) right; Touch Right next  
to left  
3-4      Step Right forward and across left; Touch Left next to right  
5&6      Step Left forward; & Close Right next to left; Step Left forward  
7-8      Skate Right; Skate Left making 1/4 turn left
- Set 5**      **Jazz Box, Kick Step Rock Step, Kick Step Rock Step**  
1-2-3-4      Step Right across (in front of) left; Step Left back; Step Right to right side; Step Left forward  
5&6&6      Kick Right forward; & Step Right forward; Rock Left to left side; & Replace weight to Right  
7&8&8      Kick Left forward; & Step Left forward; Rock Right to right side; & Replace weight to Left
- Set 6**      **Cross 1/4, Shuffle Back, Funky Walk Back**  
1-2      Step Right across (in front of) left; Make 1/4 turn right and step Left back  
3&4      Step Right back; & Close Left next to right; Step Right back  
5&6&7&8      Swivel left toe out (left) and right heel in; & step left back while centering right foot; swivel  
right toe out (right) and left heel in; & step right back while centering left foot; swivel left toe  
out (left) and right heel in; & step left next to right; kick right foot to right side.  
Easier Option: Walk back Left, Right, Left, side Right kick
- Set 7**      **Right sailor step, 1/4 sailor kick, Weave to left with point (cross behind first)**  
1&2      Step Right behind left; & Step Left to left side; Step Right to right side  
3&4      Step Left behind right; & Make 1/4 turn left and step Right to right side; Kick Left forward  
&5&6      & Step Left to left side; Step Right behind left; & Step Left to left side; Step Right across (in  
front of) left

&7&8            & Step Left to left side; Step Right behind left; & Step Left to left side; Point Right to right side

**Set 8            Turn, Turn, Shuffle, Hip Walks, Touch**

1-2            Make 1/4 turn right and step Right forward; Make 1/2 turn right and step Left back

3&4            Make 1/2 turn right and step Right forward; & Close Left next to right; Step Right forward

5-6-7            Step Left forward on left diagonal while rolling hip front and left; Step Right forward on right diagonal while rolling hip front and right; Step Left forward on left diagonal while rolling hip front and left (Walks lead with the hip)

8            Touch Right next to left

**Begin Again and Have Fun!!!**

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