

# Lonely

拍数: 32      墙数: 2      级数: Improver  
编舞者: Amos Ghui - May 2005  
音乐: Lonely - Akon



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## 32 count intro, start after cartoon voice, on heavy beat

### Side, behind, side cross, touch, Monterey turn ½ right, ½ left, touch, step

1-2&3-4      Step right to side (1), cross left behind right (2), step right to side (&), cross left over right (3), touch right to side (4)  
5-8&      Step right beside left turning ½ turn right (5), touch left to side (6), step left beside right turning ½ turn left (7), touch right to side (8), step right beside left (&)

### Left forward, forward shuffle, rock forward, recover, sweeps, coaster

1      Step left forward (1)  
2&3      Step right forward (2), step left behind right (&), step right forward (3) (forward shuffle)  
4-5      Rock left forward (4), recover on right (5)  
6-7      Sweeping left from front to back step left behind right (6), sweeping right from front to back step right behind left (7)  
8&1      Step left back (8), step right beside left (&), step left forward (1) (coaster)

### Rock, recover, full turn shuffle, rock, recover, ½ turn shuffle

2-3      Rock right forward (2), recover on left (3)  
4&5      Turning a full turn right, shuffle right-left-right on the spot (4&5)  
6-7      Rock left forward (6), recover on right (7)  
8&1      Turning ½ turn left, shuffle left-right-left forward (8&1) ? 6.00

### Side rock samba step, samba step with long step, touch

2-3      Rock right to side (2), recover on left (3)  
4&5      Cross right over left (4), step left to side (&), step right to side (5) (samba)  
6&7-8      Cross left over right (6), step right to side (&), step left a long step to side (7), touch right beside left (8)

### Ending:

You will end facing the front on your last step (touch right beside left). Take a bow and smile!

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