

4 Seasons

拍数: 32 墙数: 4 级数: Unrated Beginner
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音乐: You've Got a Friend - The Brand New Heavies



(start after 16 count intro)

- 1-8 **Walk forward 2, R forward rock & recover with ¼ R, L cross step, ½ L turn & R cross step, L side point**
1-2 Step R forward, step L forward
3&4 Rock R forward, recover weight on L, turning ¼ right step R to side
5 Cross step L over R
6&7 Turning ¼ left step R back, turning ¼ left step L to side, cross step R over L
8 Point L to side
- 9-16 **L forward, R forward mambo step, L back, R side point, ½ R monterey & side step, R sailor heel**
1 Step L forward
2&3 Rock R forward, recover weight on L, step R back
&4 Step L back, point R to side
5-6 Turning ½ right step R together, step L to side
7&8 Cross step R behind L, step L to side, touch R heel forward
- 17-24 **Ball cross weave, L sailor heel, ball cross hold, L syncopated vine**
&1-2 Step R back, cross step L over R, step R to side
3&4 Cross step L behind R, step R to side, touch L heel forward
&5-6 Step L back, cross step R over L, hold
&7 Step L to side, cross step R behind L
&8 Step L to side, cross step R over L
- 25-32 **L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R**
1& Point L toes to L side, step L together
2& Point R toes to R side, step R together turning ¼ right
3&4 Point L toes to L side, step L together, touch R together
5-6 Step R forward, step L forward
7& Rock R forward, recover weight on L
8& Turning ¼ right rock R back, recover weight on L

Tag/Restart - At the end of the 5th wall you will be facing the L side wall. Repeat counts 28-32 the 2 walks forward and the rocking chair to end facing front wall.

Repeat