## Swttch-A-Roo



编舞者: Shaz Walton (UK) - March 2005

音乐: Switch - Will Smith: (CD: Lost & Found)



Rock & Point & **Point Hitch** Heel, Hold, Hitch Heel, Hitch Rock & Scuff Hitch 1/4 1& Rock Back Right. Recover on Left. 2& Point Right to right side. Step right beside left. 3& Point left to left side. \*\*Hitch left. 4 Touch left heel forward. 5& Hold. Hitch left. 6& Touch left heel forward. Hitch left

7& Rock back on left. Recover

on right. 8& Scuff left forward. Make a 1/4 turn right as you hitch left

leg.

Lazy weave with 1/4 turn. Step Pivot 1/2 & Step Pivot 1/2 & Cross & Heel. 1 Step left to left side 2 Cross right behind left 3 Make 1/4 turn left stepping left forward. 4 Step right forward. 5 Make a 1/2 turn left. (Weight on

right)

&6 Step left beside right. Step right forward. 7 Pivot 1/2 turn left. &8&1 Step left beside right. Cross right over left. Step left beside right, Touch right heel forward Note: My definition of a lazy weave is to keep your knees bent, drag your feet & slouch your shoulders. I Am sure there is a correct term for this styling, so if any one knows, please let me know!

Hold. Hips & Hips. Step. Drop. Cross. 1/4 turn. Run 1/2 turn right. 2 Hold. &3 Push hips forward. Push hips back &4 Push hips forward. Push hips back &5 Step right beside left. Bend knees as you cross step left over right. 6 Make 1/4 turn right stepping right forward. 7&8 Making small steps run 1/2 turn right stepping-leftright-left. (Or shuffle 1/2 turn right)

Point Side & Forward & Side, Hitch, Cross, Side, Behind, 1/4 turn, 1/4 turn, Heel/toe swivel. 1& Point right to right side. Step right beside left.

2& Touch left toe forward. Step left beside right. 3&4 Point right to right side. Hitch right.\* Cross step right over left. &5 Step left to left side. Cross step right behind left. 6-7 Step left a 1/4 turn left. Step right 1/4 turn left keeping feet slightly apart &8 Swivel right toe right as left heel swivels left. (Look right) Return to centre.

Sorry For 2 restarts. It had to be done to fit exactly with the track.

1st restart happens during the 6th repetition. You will be facing the home wall at time of restart Dance to the 4th section: 3&(4) Switch right to right side . Hitch right.\* Touch right beside left. Start the dance again.

2nd restart happens during the 8th repetition ¡V you will be facing the 3 o'clock wall. Dance: 1& Rock Back Right. Recover on Left. 2& Point Right to right side. Step right beside left. 3& (4) Point left to left side. Hitch left. \*\* Step left beside right.

Start the dance again