

Girlfriends Kick Ass

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Kathy Heller (USA)
音乐: Girlfriends - Jamie O'Neal : (CD: Brave)



**1-8 TOE, HEEL
STOMPS,
MONTEREY,
STEP
FORWARD,
HALF TURN**

1&2 Touch right
toe next to left
(1), touch right
heel next to left
(&), step
forward on right
(2)

3&4 Touch left
toe next to right
(3), touch left
heel next to
right (&), step
forward on left
(4)

5-6 Touch right
toe to side right
(5), make half
turn to right
stepping right
next to left (6)

7&8 Step
forward on left
(7), pivot half
turn to right (&),
step slightly
forward on left
(8) (12 o'clock)

**9-16 SIDE
ROCK CROSS,
SYNCOPATED
VINE LEFT
W/QUARTER
TURN, HALF
TURN LEFT,
FORWARD
SHUFFLE**

1&2 Rock right
to side right (1),
return weight to
left (&), cross
right over left
(2)

3&4 Step left to
side left (3),
right behind left
(&), step left
one quarter turn
forward (4) (9
o'clock)

5&6 Step
forward on right
(5), pivot half
turn left (&),
step forward on
right (6) (3
o'clock)

7&8 Shuffle
forward LRL (3
o'clock)

**17-25 FULL
TURN
MONTEREY,
SIDE MAMBO,
FORWARD
SHUFFLE,
QUARTER
TURN**

1-2 Touch right
to side right (1),
make full turn to
right stepping
right next to left
(2)

(easy

alternative:

touch right to
side right, step
right next to left
without turning)

3&4 Rock left to
left side (3),
return weight on
right (&), step
left next to right
(4)

5&6 Shuffle
forward RLR

7-8 Step
forward on left
(7), pivot
quarter to right
(8) (6 o'clock)

**26-32 CROSS
SHUFFLE,
ROCK & KICK,
COASTER,
PUSH STEPS**

1&2 Cross
shuffle left over
right

3&4 Rock right to side right (3), replace weight on left (&), kick right forward (4)

5&6 Coaster step, stepping back on right (5), step left next to right (&), step forward on right (6)

7&8 Keeping weight mostly on right, do a push step on left to side left (7), full weight return on right (&), return weight fully on left to side left (8) (6 o'clock)

The following tag will be done one time after wall 2 for a total of 8 counts, twice after wall 4 for a total of 16 counts. It will be done to the front wall both times right after the lyrics say ?girlfriends kick ass?. This enables you to be kicking your right leg at the same time with the lyrics. Girls ? give it ATTITUDE!!!

TAG

1&2 Touch right toe next to left (1), touch right heel next to left (&), step forward on right (2)

3&4 Rock forward on left (3), return weight on right (&), step back on left (4)

5&6 Coaster
step, stepping
back on right
(5), step left
next to right (&),
step forward on
right (6)
7&8 Shuffle
forward LRL

ENJOY!!!!!!!!!!
