

# Girlfriends Kick Ass

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Kathy Heller (USA)  
音乐: Girlfriends - Jamie O'Neal : (CD: Brave)



**1-8 TOE, HEEL  
STOMPS,  
MONTEREY,  
STEP  
FORWARD,  
HALF TURN**

1&2 Touch right  
toe next to left  
(1), touch right  
heel next to left  
(&), step  
forward on right  
(2)

3&4 Touch left  
toe next to right  
(3), touch left  
heel next to  
right (&), step  
forward on left  
(4)

5-6 Touch right  
toe to side right  
(5), make half  
turn to right  
stepping right  
next to left (6)

7&8 Step  
forward on left  
(7), pivot half  
turn to right (&),  
step slightly  
forward on left  
(8) (12 o'clock)

**9-16 SIDE  
ROCK CROSS,  
SYNCOPATED  
VINE LEFT  
W/QUARTER  
TURN, HALF  
TURN LEFT,  
FORWARD  
SHUFFLE**

1&2 Rock right  
to side right (1),  
return weight to  
left (&), cross  
right over left  
(2)

3&4 Step left to side left (3), right behind left (&), step left one quarter turn forward (4) (9 o'clock)

5&6 Step forward on right (5), pivot half turn left (&), step forward on right (6) (3 o'clock)

7&8 Shuffle forward LRL (3 o'clock)

**17-25 FULL TURN  
MONTEREY,  
SIDE MAMBO,  
FORWARD SHUFFLE,  
QUARTER TURN**

1-2 Touch right to side right (1), make full turn to right stepping right next to left (2)

(easy

alternative:

touch right to side right, step right next to left without turning)

3&4 Rock left to left side (3), return weight on right (&), step left next to right (4)

5&6 Shuffle forward RLR

7-8 Step forward on left (7), pivot quarter to right (8) (6 o'clock)

**26-32 CROSS SHUFFLE,  
ROCK & KICK,  
COASTER,  
PUSH STEPS**

1&2 Cross shuffle left over right

3&4 Rock right  
to side right (3),  
replace weight  
on left (&), kick  
right forward  
(4)

5&6 Coaster  
step, stepping  
back on right  
(5), step left  
next to right (&),  
step forward on  
right (6)

7&8 Keeping  
weight mostly  
on right, do a  
push step on  
left to side left  
(7), full weight  
return on right  
(&), return  
weight fully on  
left to side left  
(8) (6 o'clock)

**The following  
tag will be done  
one time after  
wall 2 for a total  
of 8 counts,  
twice after wall  
4 for a total of  
16 counts. It will  
be done to the  
front wall both  
times right after  
the lyrics say  
?girlfriends kick  
ass?. This  
enables you to  
be kicking your  
right leg at the  
same time with  
the lyrics. Girls  
? give it  
ATTITUDE!!!**

#### **TAG**

1&2 Touch right  
toe next to left  
(1), touch right  
heel next to left  
(&), step  
forward on right  
(2)

3&4 Rock  
forward on left  
(3), return  
weight on right  
(&), step back  
on left (4)

5&6 Coaster  
step, stepping  
back on right  
(5), step left  
next to right (&),  
step forward on  
right (6)  
7&8 Shuffle  
forward LRL

ENJOY!!!!!!!!!!

---