

Lovergirl

COPPERKNOB
STEPSHETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Lovergirl - Alisha



Note : Bounce
your hips
throughout to
enhance the
high-spirited
nature of the
dance.

**SIDE SLIDE,
BALL-
CHANGE, SIDE
SLIDE, BALL
CHANGE,
SIDE, ½ RIGHT
TURN, SAILOR
CROSS**

1&2 : Slide right
to right, rock on
ball of left
behind right,
recover weight
onto right as
you click fingers
to right

3&4 : Slide left
to left, rock on
ball of right
behind left,
recover weight
onto left as you
click fingers to
left

5-6 : Step right
to right, execute
½ turn right and
then step left to
left

7&8 : Cross
right behind left,
step left to left,
cross rock left
over right

**RECOVER, ¾
RIGHT TURN,
BACK
COASTER,
KICK-BALL-
FORWARD,
FULL TURN
LEFT**

9&10 : Recover weight onto left, execute $\frac{1}{4}$ turn right and then step right forward, execute another $\frac{1}{2}$ turn right and then step left back

11&12 : Step right back, step left beside right, step right forward

13&14 : Kick left forward, step left beside right, step right forward

15-16 : Pivot $\frac{1}{2}$ turn left (weight ends on left), execute another $\frac{1}{2}$ turn left and then step right back

**SAILOR STEP,
SAILOR STEP,
FORWARD,
BEHIND-TAP
TWICE (WITH
INDIAN ARMS
AND HEAD
THRUSTS),
BACK, CROSS-
TAP TWICE
(WITH INDIAN
ARMS AND
HEAD
THRUSTS)**

17&18 : Cross left behind right, step right to right, step left to left

19&20 : Cross right behind left, step left to left, step right to right

21 : Step left forward with left bend knee slightly forward as you push both hands forward (Fingers of both hands interlocking each other, palms facing down)

&22 : Tap right toes behind left heel twice. Now, pull both the interlock-fingered palms in count 21 towards and underneath the chin as you thrust your head slightly forward and back twice. Each thrust should be executed in time with each tap step.

23 : Step right back straightening knee up as you now bring the interlock-fingered palms to form an arch above your head.

&24 : Cross tap left toes over right twice. Now thrust head slightly forward and back twice. Each thrust should be executed in time with each tap step.

**STEP, TOE
AND HEEL
SWITCHES,
SCISSOR
CROSS,
SCISSOR
CROSS**

& : Step weight
onto left as you
now drop both
hands down to
both sides
25& : Touch
right toes to
right, step right
beside left
26& : Touch left
toes to left, step
left beside right

27& : Touch
right heel
forward, step
right beside left

28& : Touch left
heel forward,
step left beside
right

29&30 : Step
right to right,
step left beside
right, cross right
over left

31&32 : Step
left to left, step
right beside left,
cross left over
right

**1½ RIGHT
SPOT VOLTA
TURN,
FORWARD-
BALL-STEP,
BACK-BALL-
STEP**

33& : Execute
¼ turn right and
then step right
forward, step
onto ball of left
in place

34& : Execute
½ turn right and
then step right
forward, step
onto ball of left
in place

35& : Execute
½ turn right and
then step right
forward, step
onto ball of left
in place

36 : Execute $\frac{1}{4}$
turn right and
then step right
forward

For better
styling, on
counts
33&34&35&36,
stretch both
arms up (both
palms facing
up).

37&38 : Step
left forward,
step right
beside left, step
left in place
(beside right)
39&40 : Step
right back, step
left beside right,
step right in
place (beside
left)

**1½ LEFT SPOT
VOLTA TURN,
FORWARD-
BALL STEP,
BACK-BALL-
STEP**

41& : Execute
 $\frac{1}{4}$ turn left and
then step left
forward, step
onto ball of right
in place

42& : Execute
 $\frac{1}{2}$ turn left and
then step left
forward, step
onto ball of right
in place

43& : Execute
 $\frac{1}{2}$ turn left and
then step left
forward, step
onto ball of right
in place

44 : Execute $\frac{1}{4}$
turn left and
then step left
forward

For better styling, on counts 41&42&43&44, stretch both arms up (both palms facing up).

45&46 : Step right forward, step left beside right, step right in place (beside left)

47&48 : Step left back, step right beside left, step left in place (beside right)

SIDE SLIDE-BALL STEP, ½ LEFT TURN, SIDE SLIDE-BALL-STEP, ¾ RIGHT CURVATURE TRAVELLING VOLTAS

49&50 : Slide right to right, step on ball of left beside right, step right in place (beside left)

51&52 : Execute ¼ turn left and the slide left forward, execute another ¼ turn left and then step on ball of right beside left, step left in place (beside right)

53&54&

55&56 : Cross right over left, step left to left, cross right over left, step left to left, cross right over left, step left to left, cross right over left

During counts
53&54&55&56,
curve the
travelling voltas
gradually so
that it completes
a $\frac{3}{4}$ right turn.

**MAMBO
CROSS,
MAMBO
CROSS,
FORWARD
ROCK, $\frac{3}{4}$ LEFT
TURNING
CHASSE**

57&58 : Rock
left to left,
recover weight
onto right, cross
left over right
59&60 : Rock
right to right,
recover weight
onto left, cross
right over left
61-62 : Rock left
forward, recover
weight onto
right
63&64 :
Execute $\frac{1}{4}$ turn
left and then
step left to left,
step right
beside left,
execute another
 $\frac{1}{4}$ turn left and
then step left
forward

REPEAT

RESTARTS
On the 1st and
3rd rotation,
dance till the
52nd count and
start dance
again (i.e. 2nd
and 4th rotation)
from count 1
facing 9 O?
Clock wall & 3
O? Clock wall
respectively.

On the 6th
rotation, dance
till the 15th
count (pivot $\frac{1}{2}$
left turn only),
then hold 1
count on the
16th count and
restart dance
from count 1
facing 6 O?
Clock.
