After Party



拍数: 32 编数: 1 级数: Intermediate

编舞者: Maurice Rowe (USA) - September 2005

音乐: After Party - Koffee Brown



(1, 2, 3 & 4)Step right foot fwd, step left foot fwd, step right foot behind left foot in place, replace weight onto left, replace weight onto right. (5, 6, 7 & 8)Step left foot one half turn left (toward 6:00), step right foot back, turning one half turn left (again toward 6:00). Step back on left, back on right, forward on left.

WALK RIGHT, LEFT, ROCK & CROSS, LEFT **ROCK &** CROSS, HOLD, **BALL CROSS** (1, 2, 3 & 4)Step fwd right, left, rock right to right side, replace weight to left, cross right over left. (5 & 6, 7, & 8)Rock left to left side, recover weight to right, cross left over right, hold, step right to right. cross left over right.

1/4 TURN RIGHT. SWIVEL 1/2 TURN LEFT, **LEFT** COASTER, 1/4 **TURN LEFT** WITH HIP BUMPS, 1/2 **TURN LEFT** WITH HIP **BUMPS** (1, 2, 3 & 4)Step right foot 1/4 turn to right (3:00), On balls of feet, swivel half turn left (to 9:00) with weight ending on right foot. Step back on left, back on right, fwd on left. (5 & 6, 7 & 8) Step right foot 1/4 turn left (toward 9:00), bumping hips right, left, right, with weight ending on right foot. With weight on right foot, turn half turn left stepping out (toward 9:00) on left foot bumping hips left, right, left. Weight ends on left foot.

RIGHT SAILOR, LEFT SAILOR 1/4 TURN, FWD RIGHT COASTER, BACK LEFT COASTER

(1 & 2, 3 & 4)Step right behind left, recover left, step right next to left. Step left behind right, turning ¼ turn left (toward 9:00), step right next to left, step left foot fwd. (5 & 6, 7 & 8) Step right foot fwd, step left up to right, step right slightly back. Step left foot back, right foot back, left foot fwd. Dance ends facing 9:00 wall with weight on left foot fwd.