

Aphrodisiac!!!

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: M.T. Groove (UK) - September 2005
音乐: Aphrodisiac - Brandy : (CD: Best of Brandy)



**WALK WALK,
KICK ¼ POINT,
TOUCH ¼
TURN, R
COATER
STEP.**

1.2 Walk
forward R,L.
3&4 Kick R foot
forward, Step
on R as you ¼
turn R, Point L
to L side.
5.6 Touch L toe
across R, Step
back on L as
you ¼ turn R.
7&8 Step R
back, Step L in
place, Step
forward R.

**OUT OUT
KNEES IN,
SHOULDER
ISOLATIONS,
HITCH ¼ RUN,
¼ TURN ¼
TURN.**

&1-2 Step L to L
side(&), Step R
to R side, Turn
both knees in as
you drop down
slightly.
3&4 Bring R
shoulder up(3)
then L
shoulder(&),
Hitch L knee
across R
leg(raise up on
ball of R foot as
you do this) as
you make a ¼
turn R.
5&6 Run
forward L,R,L.
(Note this is not
a shuffle).

7.8 Step back
on R as you $\frac{1}{4}$
turn L, Step L to
L side as you $\frac{1}{4}$
turn L.

**(Restart here
during wall 3 ?
you'll be facing
9 o'clock as
you restart).**

**HEEL & HEEL,
& ROCK
RECOVER,
TRIPLE $1\frac{1}{2}$
TURNS, STEP
KICK.**

1&2 Touch R
heel forward,
Step R in place,
Touch L heel
forward.

&3-4 Step L in
place(&), Rock
forward on R,
Recover L.

5&6 Make one
and a half turns
right as you
step R,L,R.

7.8 Step
forward L, Kick
R foot forward -
low kick.

**WALK BACK
R,L, $\frac{1}{4}$ TURN
SLIDE, L
SAILOR STEP,
TWIST $\frac{1}{4}$
TWIST FULL
TURN, L
SHUFFLE.**

&1-2 Step back
on R(&), Step
back L, Slide R
foot to R side as
you make a $\frac{1}{4}$
turn R.

3&4 Step L
behind R, Step
R to R side,
Step L to L
side.

5.6 Twist body
¼ to the R,
Twist Body a full
turn to the L.
(your feet will
swivel
automatically)!!!
7&8 Step
forward L, Close
R next to L,
Step forward L.

**For a big finish
on count 6
(section 4) twist
¾ turn back to
the front.**

start over and
enjoy.
Don't just move
it ? Groove it!!!

*www.mtgroove.
co.uk*
