

It Is You (I Have Loved)!

COPPER **KNOB**
BY STEPHEN

拍数: 96 墙数: 1 级数: Improver
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音乐: It Is You (I Have Loved) - Dana Glover



**CROSS, ROCK,
¼ RIGHT
TURN,
FORWARD,
PIVOT ½ LEFT
TURN**

1-3 : Cross rock
right over left,
recover weight
onto left,
execute ¼ right
turn and then
step right
forward
4-6 : Step left
forward, step
right forward,
pivot ½ turn left
(weight ends on
left)

**TWINKLE
STEP, CROSS,
SIDE, CROSS
ROCK**

7-9 : Cross right
over left, step
left to left, step
right to right
10-12 : Cross
left over right,
step right to
right, cross rock
left over right

**RECOVER, ¼
LEFT TURN, ¼
LEFT TURN,
3/8 RIGHT
SAILOR TURN**

13-15 : Recover
weight onto
right, execute ¼
turn left and
then step left
forward,
execute another
¼ turn left and
then step right
to right

16-18 : Step left behind right, execute $\frac{3}{8}$ turn right and then step right to right, step left to left (Facing 7 O? Clock)

Note : You will be dancing around the four diagonals for counts 19 - 60

BACK LOCK STEPS, BACK LOCK STEPS

19-21 : Step right back, lock step left over right, step right back

22-24 : Step left back, lock step right over left, step left back

BACK ROCK, RECOVER, $\frac{1}{2}$ LEFT TURN, $\frac{1}{4}$ RIGHT TURNING SAILOR-TOUCH

25-27 : Rock right back, recover weight onto left, execute $\frac{1}{2}$ turn left and then step right back (Facing 1 O? Clock)

28-30 : Step left behind right, execute $\frac{1}{4}$ turn right and then step right to right, touch left toes to left (Facing 4 O? Clock)

BEHIND, SIDE ROCK, RECOVER, WEAVE

31-33 : Cross
left behind right,
step right to
right and then
rock onto right ,
recover weight
onto left

34-36 : Cross
right over left,
step left to left,
cross right
behind left

**¼ LEFT TURN,
¼ LEFT TURN
AND SIDE
ROCK,
RECOVER,
TRAVELLING
RIGHT FULL
RIGHT
ROLLING
TURN**

37-39 : Execute
¼ turn left and
then step left
forward,
execute another
¼ turn left and
then rock right
to right, recover
weight onto left
(Facing 10 O?
Clock)

40-42 : Execute
¼ turn right and
then step right
forward,
execute another
½ turn right and
then step left
back, execute
furthest ¼ turn
right and then
step right to
right

**SLOW CROSS
ROCK,
RECOVER,
SLOW SIDE
ROCK,
RECOVER,**

43-45 : Over 2
counts - slowly
cross rock left
over right,
recover weight
onto right

46-48 : Over 2
counts- slowly
rock left to left,
recover weight
onto right

WALTZ

BOXES

49-51 : Step left
forward, step
right to right,
step left beside
right

52-54 : Step
right forward,
step left to left,
step right
beside left

55-57 : Step left
back, step right
to right, step left
beside right

58-60 : Step
right back, step
left to left, drag
and touch right
toes beside left

Note : You will
revert the rest of
the dance back
to facing the
usual four walls
(i.e. No longer
facing the four
diagonals)

**1/8 RIGHT
TURN,
FORWARD, 1/2
RIGHT SPIN
WITH FIGURE
?4? HOOK,
FORWARD, 1/2
LEFT SWEEP
TURN**

61-63 : Execute
1/8 turn right
and then step
right forward,
over 2 counts ?
hook left behind
right in a figure
?4? manner as
you spin 1/2 turn
right

64-66 : Step left forward, over 2 counts ? spin $\frac{1}{2}$ turn left as you sweep right around

**CROSS,
DIAGONAL
ROCK,
RECOVER, $\frac{1}{2}$
LEFT TURN,
CROSS, SIDE
ROCK**

67-69 : Cross right over left, rock left diagonally forward, recover weight onto right

70-72 : Execute $\frac{1}{2}$ turn left and then step left slightly to left, cross right over left, step left to left and then rock onto left

**RECOVER,
CROSS SLIDE,
SWEEP,
CROSS BACK,
BACK**

73-75 : Recover weight onto right, slide left forward and across right (taking a longer step), sweep right around from back to front

76-78 : Cross right over left, step left back, step right back

**$\frac{1}{2}$ RIGHT
TURN, MAMBO
CROSSES**

79-81 : Execute $\frac{1}{2}$ turn right and the rock left to left, recover weight onto right, cross left over right

82-84 : Rock
right to right,
recover weight
onto left, cross
right over left

**½ RIGHT
TURNING
BACK BASIC
WALTZ,
FORWARD
BASIC WALTZ**

85-87 : Step left
back, execute ½
turn right and
then step right
beside left, step
left in place

88-90 : Step
right forward,
step left beside
right, step right
in place

**½ LEFT TURN,
FORWARD, ½
RIGHT TURN,
½ RIGHT SPIN
WITH FIGURE
?4? HOOK,
SWEEP**

91-93 : Execute
½ turn left and
then step left
forward, step
right forward,
execute ½ turn
right and then
step left back

94 : Continuing
the momentum
of the right turn
in count 93, spin
½ turn right as
you quickly
hook right
behind left

95-96 : Quickly
touch right toes
back

(straightening
right leg) and
over 2 counts
sweep right
from back to
front

REPEAT

6-COUNTS

TAG

After the 3rd rotation, add in the following 6-counts tag and start dancing the 4th rotation.

**CROSS ROCK,
RECOVER,
SIDE ROCK,
RECOVER,
BEHIND ROCK,
RECOVER**

1-2 : Cross rock right over left, recover weight onto left

3-4 : Rock right to right, recover weight onto left

5-6 : Rock right behind left, recover weight onto left
