Giddiyap

拍数: 64

编舞者: Lana Harvey (USA)

墙数: 2

级数: Intermediate



音乐: Riding Alone - Rednex 32 count intro. See note at end for this song. Other: Elvira, Oak Ridge Boys126 BPM, Country Kickers CD Western Movies, The Olympics, 126 BRM Cood Ol2

BPM, Good Ol? Rock ?N Roll CD, 32 count intro.

STOMP, CLAP, STOMP, CLAP,

SHUFFLES. 1-4 Stomp R. Clap. Stomp L. Clap 5&6 Stompshuffle (flatfooted) RLR (like hoof beats) 7&8 Stompshuffle LRL 9-16 Repeat 1-8

STEP, SCUFF,

1/2 PIVOT 17-20 Step forward on R. Scuff L forward. Touch L toe forward. Pivot 1/2 to right. 21-24 Step forward on L. Scuff R forward. Touch R toe forward. Pivot 1/2 to left.

PIVOT,

SHUFFLE, PIVOT, PIVOT



25-26 Touch R toe forward. Pivot 1/2 to left. 27&28 Shuffle RLR 29-30 L toe forward. Pivot 1/2 to right. 31-32 L toe forward. Pivot 1/2 to right. VINE LEFT, SCUFF, SHUFFLES 33-36 Step L to left. Cross R behind L. Step L to left. Scuff R heel forward. 37&38 Shuffle forward RLR 39&40 Shuffle forward LRL VINE RIGHT, SCUFF, SHUFFLES 41-44 Step R to right. Cross L behind R. Step R to right. Scuff L heel forward. 45&46 Shuffle forward LRL 47&48 Shuffle forward RLR STEP SLIDES, ROCK FORWARD, STEP.. 49-50 Step forward L Raise L heel and slide R up under it. (Optional:clap as you slide foot up.) 51-54 Repeat 49-50 twice. 55-56 Rock forward on L. Step on R in place.

Note: For a little style, lean forward on L and rock back as you slide R under it.

BACK, CROSS, BACK, CLAP

57-58 Step back on L at an angle, body facing 45 left. Slide R back across the front of L 59-60 Step back on L at same angle as 57. Hold and clap. 61-62 Step back on R at an angle, body facing 45 right. Slide L back across the front of R 63-64 Step back on R at same angle as 61. Stomp L next to R straightening body out to front.

Start again.

To make the dance fit **Ridin?Alone by** the Rednex. add these 16 counts (B) after the first 32 counts just before you start the dance. Do three dance patterns (A) and do these 16 counts again, with three more dance patterns following. [This is not necessary for the other songs] 1-4 Vine right, scuff LEFT

5-6 Step LEFT to left, cross RIGHT behind. 7&8 Shuffle LRL in place. 9-16 Repeat 1-8. *PATTERN: B, A* , *A, A, B, A, A, A*