

# Eleven 01

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Joanne Brady (USA), Forty Arroyo (USA), Paula Frohn-Butterly (USA), Brucie Mcleod (USA) & Judy McDonald (CAN)  
音乐: Volcano - Jimmy Buffett : (CD: All The Great Hits / CD: Best Of Toe The Line)



Or Music:      How'd I Wind Up In Jamaica by Tracy Byrd [ 141 bpm / CD: Truth About Men]  
                  Something Like That by Tim McGraw [ 86 bpm / CD: Place In The Sun]  
                  Heaven by Los Lonely Boys [ 97 bpm / CD: Los Lonely Boys]  
                  Just Cause We Can by Julie Roberts [ 93 bpm / CD: Julie Roberts ]

## RIGHT MAMBO FORWARD, HOLD

1-4              Step right forward, step left in place, step right beside left, hold

## LEFT MAMBO BACK, HOLD

5-8              Step left back, step right in place, step left beside right, hold

## RIGHT TRIPLE FORWARD, HOLD

1-4              Step right forward, step left beside right, step right forward, hold

## LEFT STEP FORWARD, PIVOT ½ TURN RIGHT STEP, LEFT STEP TOGETHER, HOLD

5-8              Step left forward, make ½ turn right and step, step left beside right, hold

## RIGHT PADDLE TURNS MAKING ¾ TURN

1-2              Push right foot to floor rotating around to left, take weight on left

3-8              Repeat for next six counts

Make a ¾ turn to the left doing these eight counts. Circle your hips to the left for added style!

## RIGHT SIDE MAMBO, LEFT KICK

1-4              Step right to side, step left in place, step right beside left, kick left forward

## LEFT MAMBO BACK, HOLD

5-8              Step left back, step right in place, step left beside right, hold

REPEAT

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