I Just Know (No Worries)

级数: Improver

编舞者: Val Simm (UK)

拍数: 32

音乐: No Worries - Simon Webbe : (CD Single)

Start: 32 Count	Intro
Step Forward Right, Full Turn Right, ¼ Right Turn Cross, ½ Turn Left, Shuffle Forward	
1	Step Forward Right,
2-3	Make a Full Turn Right traveling Forward Left, Right,
4&5	Step Forward Left, Turn 1/4 Right Step Right Next To Left, Cross Left Over Right, (3 o?clock)
6-7	Make ¼ Turn Left Stepping Back On Right, Make ¼ Turn Left Stepping Left To Left,
8&1	Right Shuffle Forward, (9 o?clock)
Rock Recover,	Sailor Step, Full Turn Right, Right Coaster Step
2-3	Rock Forward On Left, Recover Weight Back On Right,
4&5	Left Sailor Step,
6-7	Make Full Turn Right, Stepping Right, Left (Traveling Back)
8&1	Right Coaster Step
Skate Left, Righ	nt, Left Shuffle, Side Behind, Side Together ¼ Turn Right
2-3	Skate Forward Left, Right
4&5	Left Shuffle Forward
6-7	Step Right To Right Side, Step Left Behind Right,
8&1	Step Right To Right Side, Left Beside Right, Step Right ¼ Turn Right, (12 o?clock)
Pivot Half Turn	Right, Cross Back, Back, Step Right Diagonal, Left Diagonal, Step Right Left In Place
2-3	Step Forward On Left, Pivot 1/2 Turn Right, (Weight On Right) (6 o?clock)
4&5	Cross Left Over Right, Step Back On Right, Step Back On Left,
6-7	Step Right Diagonally Forward, Step Left Diagonally Forward,
8&	Step Back On Right, Step Left Next To Right,
Start Again.	





墙数:4