

# I Just Know (No Worries)

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Val Simm (UK)  
音乐: No Worries - Simon Webbe : (CD Single)



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## Start: 32 Count Intro

### Step Forward Right, Full Turn Right, ¼ Right Turn Cross, ½ Turn Left, Shuffle Forward

1            Step Forward Right,  
2-3        Make a Full Turn Right traveling Forward Left, Right,  
4&5        Step Forward Left, Turn ¼ Right Step Right Next To Left, Cross Left Over Right, (3 o'clock)  
6-7        Make ¼ Turn Left Stepping Back On Right, Make ¼ Turn Left Stepping Left To Left,  
8&1        Right Shuffle Forward, (9 o'clock)

### Rock Recover, Sailor Step, Full Turn Right, Right Coaster Step

2-3        Rock Forward On Left, Recover Weight Back On Right,  
4&5        Left Sailor Step,  
6-7        Make Full Turn Right, Stepping Right, Left (Traveling Back)  
8&1        Right Coaster Step

### Skate Left, Right, Left Shuffle, Side Behind, Side Together ¼ Turn Right

2-3        Skate Forward Left, Right  
4&5        Left Shuffle Forward  
6-7        Step Right To Right Side, Step Left Behind Right,  
8&1        Step Right To Right Side, Left Beside Right, Step Right ¼ Turn Right, (12 o'clock)

### Pivot Half Turn Right, Cross Back, Back, Step Right Diagonal, Left Diagonal, Step Right Left In Place

2-3        Step Forward On Left, Pivot ½ Turn Right, (Weight On Right) (6 o'clock)  
4&5        Cross Left Over Right, Step Back On Right, Step Back On Left,  
6-7        Step Right Diagonally Forward, Step Left Diagonally Forward,  
8&        Step Back On Right, Step Left Next To Right,

Start Again.

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