

Control Of Me

COPPERKNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Daniel Trepát (NL) & Roy Verdonk (NL)
音乐: Damn - Omarion



1 LF Step to the
left and graph
with L.hand
your shirt
2 Pull yourself
to the left side
and lift R.leg
3 RF Cross
behind LF
& LF Small step
to the left
4 RF Small step
to the right
5 LF Cross
behind RF
& RF Small step
to the right
6 LF Small step
to the left
7 Hold
& 8 Bend both
knees forward
and back

**Side, together,
side, slap back,
side, slap back,
½ turn left with
sweep and
hitch.**

1 LF Step to the
left
2 RF Step
together
3 LF Step to the
left
4 RF Hook
behind L.leg
and with L.hand
slap RF
5 RF Step to the
right
6 LF Hook
behind R.leg
and with R.hand
slap LF
7 LF Step to the
left

8 LF Make $\frac{1}{2}$
turn left on LF,
meanwhile
sweep around
RF with hitch

**Together, hitch,
walks forward,
hitch, step back,
jump, jump $\frac{1}{2}$
turn left.**

1 RF Step next
to LF

2 LF Hitch
L.knee

3 LF Step
forward
& RF Step
forward

4 LF Step
forward

5 RF Hitch
R.knee

6 RF Step back

7 LF Jump with
both feet
backwards

8 LF Jump high
while making $\frac{1}{2}$
turn left

**Bounce twice
with $\frac{1}{4}$ turn left,
walk fwd,
together,
bounce twice, $\frac{1}{2}$
turn left, $\frac{1}{2}$ turn
left.**

1 LF Bend both
knees forward
and back

2 LF Make $\frac{1}{4}$
turn left and
bend both
knees fwd and
back

3 RF Step
forward

& LF Step
forward

4 RF Step
together

5 RF Bend both
knees forward
and back, lift

L.arm

6 RF Bend both
knees forward
and back, lift

L.arm

7 LF Make $\frac{1}{2}$
turn left and
step LF forward
8 RF Make $\frac{1}{2}$
turn left and
step RF
together

**Enjoy the dance
and have fun**
