

Don't Get Me Started (aka Happy Girl)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Brookfield (UK)
音乐: Whatever You Do! Don't! - Shania Twain : (CD: Come On Over)



Or Music: Happy Girl by Beth Nielsen Chapman [108 bpm ECS/Cha / CD: Greatest Hits]; She's In Love With The Boy by Trisha Yearwood [128 bpm ECS/Cha / CD: Songbook: A Collection Of Hits]

ROCK BACK, FULL TURN FORWARD, FORWARD SHUFFLE, ROCK STEP

1-2 Rock back on right, rock forward onto left
3 Step back on right, making half turn over left shoulder
4 Step forward on left, making half turn over left shoulder
5&6 Shuffle forward on right, left, right
7-8 Rock forward on left, rock back onto right

COASTER STEP, STEP HOLD, HALF PIVOT, QUARTER PIVOT

9&10 Step back on left, step on right next to left, step forward onto left
11-12 Step right forward, hold for one count
13-14 Step left forward, pivot half turn over right shoulder (weight on right)
15-16 Step left forward, pivot quarter turn over right shoulder (weight on right) (now facing 9:00)

CROSS SHUFFLE, SIDE ROCK, KICK TWICE, SIDE ROCK QUARTER TURN

17&18 Cross shuffle on left, right, left to right
19-20 Rock on right to side, rock weight onto left in place
21-22 Kick right twice diagonally across left
23-24 Rock on right to side, rock weight onto left making quarter turn left (now facing 6:00)

STEP HOLD TWICE, ROCK STEP, HALF TURN, QUARTER TURN

25-26 Step right forward, hold for one count
26-27 Step left forward, hold for one count
28-29 Rock forward on right, rock weight back onto left
30-31 Step forward on right making half turn over right shoulder
31-32 Step left to side making quarter turn over right shoulder (now facing 3:00)

REPEAT

Email: janbrookfield@blueyonder.co.uk, Website: <http://www.straycatdance.co.uk>