

Stop Stop Stop

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 3 级数: Intermediate
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音乐: Stop! Stop! Stop! - Nu Virgos



Note : No count in. Start dance on ?Stop! Stop! Stop! at the start of the track.

SIDE, 1½ RIGHT CHUG TURN, TOGETHER TOUCH, SIDE TOUCH, ¼ LEFT TURN AND ?SIT?, HIP THRUSTS

- 1 Step right to right
- 2-3 Execute ¼ turn right and then touch left toes to left, pushing off from left ball ? execute ½ turn right and then touch left toes to left
- 4-5 Execute ¼ turn right and then touch left toes to left, pushing off from left ball ? execute ½ turn right and then touch left toes to left
- &6 Touch left toes beside right, touch left toes to left
- 7 Keeping both feet in the same position, execute ¼ turn left as you bend both knees into a ?sitting position? (weight remains on right)
- 8&9 Thrust hips forward, thrust hips back, thrust hips forward (weight remains on right throughout these hip thrusts)

RECOVER, FORWARD, TOGETHER TOUCH, SIDE, TOGETHER TOUCH, SIDE CROSS, SIDE, ½ LEFT TURN, CROSS

- 10 Recover to upright position by putting weight onto left as you drag right toes close beside left (Pop right knee in for better styling)
- 11 Step right forward
- 12&13 Touch left toes close beside right, step left to left, touch right toes close beside left
- 14-15 Step right to right, cross left over right
- 16&17 Step right to right, execute ½ turn left and then step left beside right, cross right over left

SIDE ROCK, RECOVER, ¼ RIGHT SAILOR TURN, PIVOT ½ LEFT TURN, TOGETHER TOUCH

- 18-19 Rock left to left, recover weight onto right
- 20&21 Cross left behind right, execute ¼ turn right and then step right forward, step left forward,
- 22-24 Step right forward, pivot ½ turn left (weight ends on left), touch right close beside left

SIDE SLIDE, CROSS ROCK, RECOVER, SIDE CHASSE, ¾ LEFT TURNING BOX PATTERN, ¼ RIGHT BALL-TURN

- 25-27 Taking long step - slide right to right, cross rock left over right, recover weight onto right
- 28&29 Step left to left, step right beside left, step left to left
- 30 Execute ¼ turn left and then slide right to right (taking long step)
- 31 Execute ¼ turn left and then slide left to left (taking long step)
- 32 Execute ¼ turn left and then slide right to right (taking long step)
- &33 Step left beside right, execute ¼ turn right and then cross right over left

TAP, TAP, STEP, TAP, TAP, STEP, FORWARD, ¼ LEFT FIGURE ?4? HITCH TURN, SIDE CHASSE

- 34&35 Tap left toes beside right, tap left toes slightly forward towards left diagonal, step left forward further out towards left diagonal
- 36&37 Tap right toes beside left, tap right toes slightly forward towards right diagonal, step right forward further out towards right diagonal
- 38-39 Step left forward, hitch right knee beside left into a figure ?4? and then execute ¼ turn left
- 40&41 Step right to right, step left beside right, step right to right

BEHIND ROCK, RECOVER, SCISSORS CROSS, ½ RIGHT MONETREY TURN, TOGETHER, TOGETHER, SLIDE

- 42-43 Rock left behind right, recover weight onto right.
- 44&45 Step left to left, step right beside left, cross left over right
- 46-47 Touch right toes to right, execute ½ turn right and then step right beside left

47&49 Step left beside right, step right beside left, slide left to left (taking long step)

DRAG AND TOGETHER, TOGETHER, COASTER STEP, HOLD, LOCK STEP, FORWARD, ¼ RIGHT TURN

50-51 Drag right toes towards left and then step right beside left, step left beside right.
52&53 Step right back, step left beside right, step right forward
54&55 Hold, lock step left behind right, step right forward
56 Execute ¼ turn right and then step left close beside right pushing hips back

SCISSORS CROSS, ¾ LEFT TURN TRIPLE STEPS, BACK ROCK, RECOVER, SIDSE CHASSE

57-59 Slide right to right (taking long step), slide left beside right, cross right over left
60&61 Execute ¼ turn left and then step left forward, execute another ½ turn left and then step right back, step left back
62-63 Rock right back, recover weight onto left
64& Step right to right, step left beside right

REPEAT

8-COUNTS INTRODUCTION /REPLACEMENT STEPS /ENDING

This 8 counts introduction is danced at the beginning on the vocals ?Stop!, Stop! Stop!?. Thereafter, start the 1st rotation of dance facing 6 O? Clock wall.

SIDE STOMP WITH ?STOP!? GESTURE, HOLD, TOGETHER, ¼ LEFT TURN AND STOMP WITH ?STOP!? GESTURE, HOLD, TOGETHER, ¼ LEFT TURN AND STOMP WITH ?STOP!? GESTURE, HOLD, BALL-CROSS, KICK-BALL

1-2 Stomp right to right as you punch right hand forward with palm facing forward into a ?Stop!? gesture?, hold
&3-4 Step left beside right, execute ¼ turn left and then stomp right to right as you punch right hand forward with palm facing forward into a ?Stop!? gesture?, hold
&5-6 Step left beside right, execute ¼ turn left and then stomp right to right as you punch right hand forward with palm facing forward into a ?Stop!? gesture?, hold
&7 Step left beside right, cross right over left
8& Kick left forward, step left beside right

The choruses of the soundtrack fall on the 3rd,, 5th and 7th rotation. During these rotations, replace counts 25-32& and 57-64& with the above 8-counts introduction steps. Due to these replacement steps, these rotations become a 1 wall dance. I.e. You will start and end these rotations facing the same wall. In these situations, you start and end 3rd, 5th and 7th rotation facing 6 O? Clock, 3 O? Clock and 12 O? Clock.

After the 7th rotation, you will be facing 12 O? Clock wall. Just keep dancing these 8-counts introduction steps until the music finishes.

8-COUNTS TAG

At the end of the 2nd rotation, you will be facing 12 O? Clock wall. Do this 8-counts tag and start the 3rd rotation facing 6 O? Clock wall.

SIDE, JAZZ BOX, ½ LEFT UNWIND TURN, SIDE CHASSE

1-5 Step right to right, cross left over right, cross right over left, step left back, step right close beside left
6-7 Cross left behind right, unwind ½ turn left (weight ends on left)
8& Step right to right, step left beside right

RESTART

The 4th and 6th rotation will start facing 6 O? Clock and 3 O? Clock respectively. On these rotations, dance till the 40&th count and restart again (i.e.5th rotation and 7th rotation) from count 1 facing 3 O? Clock wall and 12 O? Clock wall respectively.

In simple, the sequence is as follows:-

8-Counts Intro, 64, 64, 8-Counts Tag, 64*, 40, 64*, 40, 64*, 8-Counts Intro, 8-Counts Intro

Note: 64* refers to rotations with replacement steps.

You needn't have to be worried over the numerous tags, replacement steps and restarts, they are all indicated clearly in the soundtrack. Learn to recognize the chorus sections.
