

# Beathe Easy

**COPPERKNOB**  
BY STEPHEN HETS

拍数: 96                      墙数: 2                      级数: Intermediate/Advanced  
编舞者: Maria Bagala - September 2005  
音乐: Breathe Easy - Blue : (Album: Guilty)



## DANCE STARTS: On vocals after 21 count introduction

ORIGINAL POSITION: Feet together, weight on R foot

### 1-12                      FULL TURN FWD, BACK LOCK WALTZ, BACK LOCK WALTZ, SIDE, CRSS, SIDE

1,2,3                      (Travelling fwd) Full turn fwd turning L stepping L-R-L (12.00)  
4,5,6                      Step R back at 45 deg R, lock/step L over R, step R back at 45 deg R  
1,2,3                      Step L back at 45 deg L, lock/step R over L, step L back at 45 deg L  
4,5,6                      Step R to R side, cross/step L over R, step r to R side

### 13-24                      BEHIND, 1/4 TURN, FWD, SLOW 1/2 PIVOT, FULL TURN, SAMBA WALTZ

1,2,3                      Cross/step L behind R, turn 90 deg R stepping R fwd, step L fwd, (3.00)  
4,5,6                      Slow 180 deg pivot turn R taking 3 counts and ending weight on R (9.00)  
1,2,3                      Full Turn fwd L stepping L-R-L (9.00)  
4,5,6                      Cross/step R over L, step on L to L, replace weight to R

### 25-36                      WALTZ FWD,WALTZ 1/2 TURN, WALTZ FWD, WALTZ 1/2 TURN

1-6                      Waltz fwd L-R-L, waltz back turning 180 deg L stepping R-L-R (3.00)  
1-6                      Waltz fwd L-R-L, waltz back turning 180 deg L stepping R-L-R (9.00)

### 37-48                      FWD DRAG, 1/4 HIP SWAY, COASTER WALTZ, SHUFFLE FWD, STEP R FWD, PIVOT L, HOLD

1,2,3                      Step L fwd dragging R, turn 90 deg L to hip sway R, sway L (6.00)  
4,5,6                      Step R back step L beside R, Step R fwd  
1,2,3                      Step L fwd, step R beside L, step L fwd  
4,5,6                      Step R fwd, pivot half L, hold (12.00)

### 49-60                      FWD, SWEEP, FWD, SWEEP, WALTZ FWD, 1/2 WALTZ TURN

1-6                      Step R fwd, sweep L around for 2 counts, step L fwd, sweep R around for 2 counts  
1-6                      Waltz fwd R-L-R, step L back, turn 180 deg R stepping R fwd, step L beside R

### 61-72                      FWD, SWEEP, FWD, SWEEP, FWD, DRAG, FWD, DRAG

1-6                      Step R fwd, sweep L around for 2 counts, step L fwd, sweep R around for 2 counts  
1-6                      Step R fwd, drag L towards R for 2 counts, step L fwd, drag R towards L for 2 counts

### 73-84                      FWD, 1/2 PIVOT, FWD, FULL TURN SAMBA, WALTZ, CROSS, SIDE, HALF HINGE

1-6                      Step R fwd, pivot turn 180 deg L, step R fwd, full turn L waltz fwd stepping L-R-L (12.00)  
1,2,3                      Cross/step R over L, step L to L, replace weight to R  
4,5,6                      Cross/step L over R, step R to R, hinge turn 180 deg L stepping L to L (6.00)

### 85-96                      FWD, TOUCH SIDE, HOLD, BEHIND, 1/2 UNWIND, SAMBA WALTZ, FWD, SLOW 1/2 PIVOT

1,2,3                      Step R fwd, point L toe to L side, hold  
4,5,6                      Touch L toe behind R, two count 180 deg unwind R (weight L) (12.00)  
1,2,3                      Cross/step R over L, step L to L, replace weight to R  
4,5,6                      Step L fwd, slow 2 count 180 deg pivot turn R raising heels on turn & dropping weight to R (6.00)

## 96 Restart dance in new direction

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