Shake Rattle & Roll



拍数: 48 墙数: 2 级数: Improver

编舞者: Kim Swan (UK)

音乐: Shake Rattle & Roll - Bill Haley & The Comets: (CD: R.O.C.K)



Or Music: Green Door by Shakin' Stevens [CD: Greatest Hits]; Honky Tonk Song by BR5-49 [120 bpm WCS/Polka / CD: BR5-49 / CD: Ultimate Country Party V2]

TOE STRUT RIGHT, ROCK, RECOVER, TOE STRUT LEFT, ROCK, RECOVER

1-2	Touch r	right toe	diadonal	lv forward.	dron	right her	al to floor
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- 3-4 Rock back onto left, rock forward onto right
- 5-6 Touch left toe diagonally forward, drop left heel to floor
- 7-8 Rock back onto right, rock forward onto left

1/4 TURN TOE STRUT RIGHT, ROCK, RECOVER, TOE STRUT LEFT, ROCK, RECOVER

1-2	Turn ¼ left on ball of left and touch right toe forward, drop right heel to floor

3-4 Rock back onto left, rock forward onto right
5-6 Touch left toe forward, drop left heel to floor
7-8 Rock back onto right, rock forward onto left

RIGHT FORWARD, LOCK, RIGHT FORWARD, SCUFF, JAZZ BOX TURNING 1/4 LEFT

1-2	Step right forward, lock left behind right
3-4	Step right forward, scuff left forward
5-6	Cross left over right, step right back

7-8 Step left to left side making 1/4 turn left, step right next to left

SWIVEL LEFT, CLAP, SWIVEL RIGHT, CLAP

1-2 Swivel both heels to the left, swivel both toes to the left

3-4 Swivel both heels to the left, hold and clap

5-6 Swivel both heels to the right, swivel both toes to the right

3-4 Swivel both heels to the right, hold and clap

2 X MONTERREY ½ TURNS

4 0	Taala wiada 4a wiada 4a ai ala	On hall of laft made 1/ 4	right stepping right beside left
1-/	LOUGH HANT TO HANT SIDE	On pail of left make % filth	riant stenning riant neside lett

3-4 Touch left to left side. Step left beside right

5-6 Touch right to right side. On ball of left make ½ turn right, stepping right beside left

7-8 Touch left to left side. Step left beside right

WEAVE RIGHT, KICK, WEAVE LEFT, KICK

1-2	Step right behind left, step left to left sig	-I -
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3-4 Cross right over left, kick left forward (body angled 45 degrees left)

5-6 Step left behind right, step right to right side

7-8 Cross left over right, kick right forward (body angled 45 degrees right)

REPEAT