

Shake Rattle & Roll

COPPER KNOB
BY SHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Kim Swan (UK)
音乐: Shake Rattle & Roll - Bill Haley & The Comets : (CD: R.O.C.K)



Or Music: Green Door by Shakin' Stevens [CD: Greatest Hits]; Honky Tonk Song by BR5-49 [120 bpm WCS/Polka / CD: BR5-49 / CD:Ultimate Country Party V2]

TOE STRUT RIGHT, ROCK, RECOVER, TOE STRUT LEFT, ROCK, RECOVER

1-2 Touch right toe diagonally forward, drop right heel to floor
3-4 Rock back onto left, rock forward onto right
5-6 Touch left toe diagonally forward, drop left heel to floor
7-8 Rock back onto right, rock forward onto left

¼ TURN TOE STRUT RIGHT, ROCK, RECOVER, TOE STRUT LEFT, ROCK, RECOVER

1-2 Turn ¼ left on ball of left and touch right toe forward, drop right heel to floor
3-4 Rock back onto left, rock forward onto right
5-6 Touch left toe forward, drop left heel to floor
7-8 Rock back onto right, rock forward onto left

RIGHT FORWARD, LOCK, RIGHT FORWARD, SCUFF, JAZZ BOX TURNING ¼ LEFT

1-2 Step right forward, lock left behind right
3-4 Step right forward, scuff left forward
5-6 Cross left over right, step right back
7-8 Step left to left side making ¼ turn left, step right next to left

SWIVEL LEFT, CLAP, SWIVEL RIGHT, CLAP

1-2 Swivel both heels to the left, swivel both toes to the left
3-4 Swivel both heels to the left, hold and clap
5-6 Swivel both heels to the right, swivel both toes to the right
3-4 Swivel both heels to the right, hold and clap

2 X MONTERREY ½ TURNS

1-2 Touch right to right side. On ball of left make ½ turn right, stepping right beside left
3-4 Touch left to left side. Step left beside right
5-6 Touch right to right side. On ball of left make ½ turn right, stepping right beside left
7-8 Touch left to left side. Step left beside right

WEAVE RIGHT, KICK, WEAVE LEFT, KICK

1-2 Step right behind left, step left to left side
3-4 Cross right over left, kick left forward (body angled 45 degrees left)
5-6 Step left behind right, step right to right side
7-8 Cross left over right, kick right forward (body angled 45 degrees right)

REPEAT