

# Wake Up

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 2      级数: Improver  
编舞者: Glennys Croston (UK) - May 2006  
音乐: Wake up Wake Up - Dave Sheriff : (CD Overworked Underpaid)



## 32 COUNT IN FROM BEGINNING

### SIDE TOE SWITCHES WITH CLAPS

1&2&3&4      TOUCH RIGHT TOE TO SIDE BRING RIGHT TO LEFT TOUCH LEFT TOE TO  
SIDE, BRING LEFT TO RIGHT TOUCH RIGHT TOE TO SIDE DOUBLE CLAP  
5&6&7&8      REPEAT ABOVE STEPS STARTING TO LEFT SIDE ( DOUBLE CLAP )

### LEFT SHUFFLE ROCK RECOVER ½ TRIPLE TURN RIGHT ROCK RECOVER

9&10      LEFT SHUFFLE FORWARD  
11-12      ROCK FORWARD ON RIGHT RECOVER ON LEFT  
13&14      MAKE ½ TRIPLE TURN RIGHT ON( R .L. R. )  
15-16      ROCK FORWARD ON LEFT RECOVER ON RIGHT

### ½ TRIPLE TURN LEFT STEP ½ TURN X 2 SIDE BEHIND

17&18      MAKE ½ TRIPLE TURN LEFT ON ( L. R. L.)  
19-20      STEP FORWARD ON RIGHT PIVOT ½ TURN LEFT  
21-22      STEP FORWARD ON RIGHT PIVOT ½ TURN LEFT  
23-24      STEP RIGHT TO SIDE CROSS LEFT BEHIND RIGHT

### ¼ TURN RIGHT SHUFFLE PIVOT ½ RIGHT SKATE SKATE LEFT SHUFFLE

25&26      MAKE ¼ TURN RIGHT SHUFFLE FORWARD  
27-28      STEP FORWARD ON LEFT PIVOT ½ TURN RIGHT  
29-30      SKATE FORWARD LEFT RIGHT  
31&32      LEFT SHUFFLE FORWARD

### ROCK RECOVER RIGHT COASTER STEP ROCK RECOVER ¼ LEFT CHASSE

33-34      ROCK FORWARD ON RIGHT RECOVER ON LEFT  
35&36      RIGHT COASTER STEP  
37-38      ROCK FORWARD ON LEFT RECOVER ON RIGHT  
39&40      MAKE ¼ TURN LEFT CHASSE TO SIDE ( SIDE TOGETHER SIDE )

### CROSS OVER SIDE BEHIND & CROSS SIDE ROCK RECOVER CROSS SHUFFLE

41-42      CROSS RIGHT OVER LEFT STEP LEFT TO SIDE  
43&44      CROSS RIGHT BEHIND LEFT BRING LEFT TO RIGHT & CROSS RIGHT OVER LEFT  
45-46      ROCK ON LEFT TO SIDE RECOVER ON RIGHT  
47&48      CROSS LEFT OVER RIGHT STEP RIGHT TO SIDE CROSS LEFT OVER RIGHT

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